



## Selected Reading/Tools/Resources

### Four essential documents on senior mobility

**Bailey, Linda.** *Aging Americans: Stranded Without Options.* Washington, DC: Surface Transportation Policy Project, April 2004.

Presents new findings based on National Household Transportation Survey of 2001. For example: more than one in five Americans 65 and older do not drive. Looks at impact of resulting isolation. Contains regional analysis, maps and graphics. <http://www.transact.org/report.asp?id+232>

**Burkhardt, Jon E.** Adam T. McGavock, Charles A. Nelson, and Christopher Mitchell. *Improving Public Transit Options for Older Persons.* TCRP Report R-82, Volumes 1 and 2. Washington, DC: Transit Cooperative Research Program, 2001.

Makes important point that transit features that attract older persons will also attract persons of all ages. Stand-alone executive summary of information, ideas, and findings from study.

A complimentary copy of most TCRP publications may be ordered from the Transit Cooperative Research Dissemination site at <http://www.tcrponline.org/>.

The stand-alone executive summary is reprinted in *The Gathering Storm*, Sept/Oct 2002 issue of the Community Transportation Magazine, available at <http://www.ctaa.org/ct/Senior.asp>

**Foley, Daniel J,** and Harley K. Heimovitz, Jack M. Guralnik, and Dwight B. Brock. *Driving Life Expectancy, American Journal on Public Health*, 92: 1284-1289, August 2002.

Article provides invaluable support to senior mobility advocates. Presents data that demonstrate most Americans will outlive their ability to drive by four to ten years. [http://www.ctaa.org/ntrc/Senior/driving\\_life.pdf](http://www.ctaa.org/ntrc/Senior/driving_life.pdf)

**Hardin, Jane** *Senior Transportation: Toolkit and Best Practices*, Washington, DC: Community Transportation Association of America, May 2003.

Technical assistance manual. Provides information on varied transportation Needs of older people and how community and public transportation providers are meeting them. Numerous examples and case studies.

[http://www.ctaa.org/ntrc/senior/senior\\_toolkit.pdf](http://www.ctaa.org/ntrc/senior/senior_toolkit.pdf)



Kerschner, Helen. *Innovations for Seniors, Public and Community Transit Services Respond to Special Needs*. Produced by the Beverly Foundation and the Community Transportation Association of America. Pasadena, CA and Washington, DC: February 2004.

Reports on findings of national survey of community transportation providers. Descriptions of innovations of six transportation providers chosen for recognition. <http://www.ctaa.org/ntrc/Senior/innovation.pdf>

Kerschner, Helen. *Transportation Innovations for Seniors: A Report from Rural America*. Partnership Project of the Beverly Foundation and the Community Transportation Association of America. Pasadena, CA and Washington, DC: July 2006.

Inquiry into sources of innovation. Interviews with 52 key informants part of inquiry. Five case studies. [http://www.ctaa.org/ntrc/Senior/Senior\\_Rural\\_Transportation.pdf](http://www.ctaa.org/ntrc/Senior/Senior_Rural_Transportation.pdf)

Kochera, Andrew, Audrey Straight, and Thomas Guterbock. *Beyond 50.05: A Report to the Nation on Livable Communities: Creating Environments for Successful Aging*. Washington, DC: AARP Public Policy Institute, May 2005

Explores ways communities can meet needs of their age 50+ residents so they can continue to live independently in their communities.

[http://www.ctaa.org/ntrc/Senior/beyond\\_50\\_communities.pdf](http://www.ctaa.org/ntrc/Senior/beyond_50_communities.pdf)

Koffman, David, Richard Weiner with David Raphael. *The Impact of Federal Programs on Transportation for Older Adults*. Washington, DC: AARP Public Policy Institute, October 2004

"Provide[s] information on these programs including their limitations and suggests policy options for addressing these limitations."

[http://www.aarp.org/research/housing-mobility/transportation/the\\_impact\\_of\\_federal\\_programs\\_on\\_transportation\\_f.html](http://www.aarp.org/research/housing-mobility/transportation/the_impact_of_federal_programs_on_transportation_f.html)

## **Volunteer Transportation**

Burkhardt, Jon E. and Helen Kerschner. *How to Establish and Maintain Door-Through-Door Transportation Services for Seniors*. Rockville, Md: Report prepared by WESTAT in conjunction the Beverly Foundation, September 29, 2005.

Uses case studies to develop a list of characteristics of successful door-through-door transportation.

[www.aoa.gov/prof/transportation/media/Door-Through-DoorGuide/](http://www.aoa.gov/prof/transportation/media/Door-Through-DoorGuide/)

Hardin, Jane. *Senior Volunteers as Transportation Advocates, Planners and Organizer*.



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Descriptions with contact information of programs using senior volunteers in non-driver roles. [www.ctaa.org/ntrc/senior/non-driver\\_volunteer.asp](http://www.ctaa.org/ntrc/senior/non-driver_volunteer.asp)

**Basic document:**

**Kerschner, Helen** and Rhonda Aizenberg.

*Supplemental Transportation Programs for Seniors*. Report developed by the Beverly Foundation in collaboration with the AAA Foundation for Traffic Safety. Pasadena, CA and Washington, DC: June 2001.

Introduced the term “Supplemental Transportation Programs (STPs)” and the “Five A’s of senior transportation: Availability, Accessibility; Acceptability; Affordability; and Adaptability.” <http://www.aaafoundation.org/pdf/STP.pdf>

Kerschner, Helen. *Update, Supplemental Transportation Programs for Seniors, A Report on STPs in America*. Report developed by the Beverly Foundation in collaboration with the AAA Foundation for Traffic Safety. Pasadena, CA and Washington, DC: July 2004.

Reports on findings from more than 400 STPs. <http://www.beverlyfoundation.org>

Sundeen, Matt and Nicholas Farber, *Volunteer Driver Liability and Immunity, a 50-State Survey*. Washington, D.C: National Council of State Legislatures, December 2006.

Report summarizes findings of survey and includes detailed map of state statutes. [http://ncsl.org/print/transportation/vol\\_driverliab06.pdf](http://ncsl.org/print/transportation/vol_driverliab06.pdf) (the Report). <http://ncsl.org/program/transportation/SVDLLaws.htm> (the map).

**Comprehensive Guide for organizations using or planning to use volunteer drivers:**

**Washington State Agency Council on Coordinated Transportation (ACCT).** *Volunteer Drivers: A Guide to Best Practices*. Washington State: July 2004.

“The guide is a tool kit that provides the framework for developing and maintaining volunteer driver programs.” Excellent on liability and insurance issues. Contains extensive program forms.

<http://www.wsdot.wa.gov/acct/>



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## Coordination

### **A Technical Assistance Toolbox from the U.S. Administration on Aging (AoA)**

The AoA has created a technical assistance toolbox: *Seniors Benefit from Transportation Coordination Partnerships – A Toolbox*. It contains two paper publications (a guide to door-through-door transportation, and case studies of fourteen coordinated transportation programs) and a guide for developing a community transportation guideare which are listed separately in this document. These materials plus other materials can be located on the AoA website: <http://www.aoa.dhhs.gov/prof/transportation/transportation.asp>

Burkhardt, Jon E. *Coordinated Transportation Systems*. Washington, DC: AARP Public Policy Institute, November 2000.

Analysis of “eight transportation programs in seven states that pooled resources to create efficient and affordable transportation.”

<http://www.aarp.org/research/housing-mobility/transportation/aresearch-import-122-2000-16.html>

Burkhardt, Jon E. *Toolkit for Rural Community Coordinated Transportation Services*, TCRP R-101. Washington, DC: Transit Cooperative Research Program, 2004.

Examines strategies and practices used to coordinate rural transportation and identifies model processes. Stand-alone executive summary with information, instructions, and lessons learned from study.

A complimentary copy of most TCRP publications may be ordered from the Transit Cooperative Research Dissemination site at <http://www.tcrponline.org/>

Burkhardt, Jon E., WESTAT Project Director. *Seniors Benefit from Transportation Coordination Partnerships – A Toolbox Case Study Guide*, Washington, DC: Administration on Aging, U.S. Department of Health and Human Services, 2006  
Case studies of fourteen successful coordination transportation services for older adults.

<http://www.aoa.dhhs.gov/prof/transportation/transportation.asp>



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**Two basic GAO (Government Accountability Office) publications:**  
*Transportation-Disadvantaged Populations: Some Coordination Efforts Among Programs Providing Transportation Services, but Obstacles Persist.*

Washington, DC: GAO-03-697, June 2003.

Report identifies 62 different government programs that fund human service transportation. This report is the foundation for the federal coordination effort, United We Ride. <http://www.gao.gov/new.items/d03697.pdf>

*Transportation for Disadvantaged Seniors - Efforts to Enhance Senior Mobility Could Benefit from Additional Guidance and Information, Report to the Chairman, Special Committee on Aging, U.S. Senate.* Washington, DC: GAO-04-971, August 2004.

Looks at five principal federally-funded transportation programs for older adults. Although it is not a study of coordination, its findings and recommendations support need for improved coordination.

[http://www.ctaa.org/ntrc/Senior/gao\\_04971.pdf](http://www.ctaa.org/ntrc/Senior/gao_04971.pdf)

U.S. Department of Transportation. *Safe Mobility for a Maturing Society: Challenges and Opportunities.* Washington, DC: U.S. Department of Transportation, November 2003.

This analysis of the mobility needs of older Americans and communities' capacity to meet them puts forward a vision of safe mobility for life. Includes recommendations for achieving this vision.

<http://www.eyes.uab.edu/safemobility/SafeMobility.pdf>

**Developing a Community Transportation Guide**

The *Senior Transportation Options* template with instructions developed jointly by Easter Seals and the Beverly Foundation can be located at the websites of both organizations: <http://www.BeverlyFoundation.org> and <http://www.Easterseals.com>

The Administration on Aging also has a template with instructions: *Developing a Community Transportation Guide.* It can be located at <http://www.aoa.dhhs.gov/prof/transportation/transportation.asp>

A transportation guide, in addition to being a valuable resource for individuals and information and referral services, also is a valuable tool for advocates and planners who can use it to assess "existing transportation options, gaps and needs."



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## Economic Trends Affecting Senior Mobility Needs

### Definitive work:

Gist, John, Carlos Figueiredo, and Mitja Ng-Baumhackl. *Beyond 50.0: A Report to the Nation on Economic Security*. Washington, DC: AARP Public Policy Institute, May 2001.

This first report in AARP's Beyond 50 series is a "definitive picture of economic status" of people over 50. "Appraises past assumptions and identifies new trends and areas of concern." [www.aarp.org/research/economy/trends/aresearch-import-296-D17389.html](http://www.aarp.org/research/economy/trends/aresearch-import-296-D17389.html)

Gist, Yvonne J. and Lisa I. Hetzel. *We the People: Aging in the United States*, Census 2000 Special Reports. Washington, D.C: Congressional Research Service, December 2004. Detailed picture of the economic status of older Americans and social factors that affect it. Graphical representations of the sources and levels of income for seniors are included, as are comparisons of these across demographic subgroups. [www.ctaa.org/ntrc/Senior/aging\\_us.pdf](http://www.ctaa.org/ntrc/Senior/aging_us.pdf)

Loomin, Deanne, Julia Devanthery, and Steve Tripoli. *The Life and Debt Cycle Part One: Implications of Rising Credit Card Debt Among Older Consumers and The Life and Debt Cycle Part Two: Finding Help for Older Consumers with Credit Card Debt*. Boston, MA: July 2006. Average credit card debt among persons 65 and 69 rose 217% between 1992 and 2001. Discusses causes and describes sources of help for older individuals in debt. [http://www.nclc.org/action\\_agenda/seniors\\_initiative/index.shtml](http://www.nclc.org/action_agenda/seniors_initiative/index.shtml)

Copeland, Craig, *Employment-Based Retirement Plan Participation: Geographic Differences and Trends*, 2005. Issue Brief No. 29, Employee Benefit Research Institute (EBRI). Washington, DC: EBRI, November 2006. Less than one-third of full-time, full-year wage and salary workers in the age group 12-64 participate in retirement plans. <http://www.ebri.org/>

Fernandez, Frank A. and Kyle L. Brandon, *Retirement Savings by the Numbers*. Monthly Statistical Review, pp 3-40; Securities Industry Association, Vol. VII, No. 7. New York, NY. June 27, 2006.

Only one-third of Americans families are saving enough to maintain their standard of living in retirement. Nearly 44% of American households are not saving at all. Discusses possible causes and consequences of low savings rate.

Munnell, Alice H., Steven A. Sass, and Jean-Pierre Aubry. *Employer Survey: 1 of 4 Boomers Won't Retire Because They Can't*. Center for Retirement Research at Boston



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College, Series 6. Boston, MA: Center for Retirement Research at Boston College. December 2006.

Survey of 400 employers which presents their estimates of how many workers, currently in their 50s will have resources to retire at organization's customary retirement age. [http://www.bc.edu/centers/crr/wob\\_6.shtml](http://www.bc.edu/centers/crr/wob_6.shtml)

### **Accessible Taxis**

#### **Two helpful and informative publications are:**

Dalton, Dan, and Karen Wolf-Branigin, *Moving Forward Together, A Workbook for Initiating and Increasing Accessible Taxi Services in Your Community*, an 80-page how-to guide with resources, Easter Seals Project ACTION, Washington, DC: October 2005.

[http://projectaction.easterseals.com/site/PageServer?pagename=ESPA\\_taxi\\_resources](http://projectaction.easterseals.com/site/PageServer?pagename=ESPA_taxi_resources)

Easter Seals Project ACTION and Taxicab, Limousine & Paratransit Association. *The Americans with Disabilities Act and You: Frequently Asked Questions on Taxicab Services*, a 10-page question-and-answer reference. Washington, DC 2005. [http://projectaction.easterseals.com/site/PageServer?pagename=ESPA\\_taxi\\_resources](http://projectaction.easterseals.com/site/PageServer?pagename=ESPA_taxi_resources)

### **Useful Websites**

U.S. Administration on Aging  
<http://www.aoa.dhhs.gov/prof/>

The Beverly Foundation  
<http://www.beverlyfoundation.org>

Community Transportation Association of America, Inc.  
<http://www.ctaa.org>

The National Center on Senior Transportation (NCST)  
<http://www.seniortransportation.net>  
NCST is a new technical assistance center for senior transportation. It is administered by Easter Seals Inc., in partnership with the National Association of Area Agencies on Aging (n4) in cooperation with the Federal Transit Administration. To learn more, visit its website or email Michi McNeace, [mmcneace@easterseals.com](mailto:mmcneace@easterseals.com)

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