



**MINNESOTA GERONTOLOGICAL SOCIETY
2010 CONFERENCE**

**Be the Change:
Innovative Models for
an Aging Population**

2010

FRIDAY, APRIL 30, 2010

**EARLE BROWN HERITAGE CENTER
BROOKLYN CENTER, MINNESOTA**

www.mngero.org

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2010

**BRIDGING THE GAP BETWEEN RESEARCH
AND PRACTICE IN THE FIELD OF AGING**

Be the Change: Innovative Models for an Aging Population

The Minnesota Gerontological Society (MGS) is uniquely positioned to bridge the continents of thought between academics, researchers, regulators, and practitioners in the field of aging. The members of MGS are an eclectic group including social service professionals, housing experts, health care providers, research scientists, policy analysts, program administrators, educators, retirees, consultants, attorneys and others. Our common interest is aging. We welcome your partnership in our conference theme and objectives.

By attending this conference participants will be able to:

- describe current innovations in the delivery of aging services, i.e., housing, health care services models, community based services, and the increased role of volunteers.
- identify trends in the current aging population and in the range of services being developed to serve them.
- gain the opportunity to network with other professionals in aging to reach common ground regarding research, policy and practice.
- expand education by allowing for students and future leaders from a variety of programs in gerontology to network with others in the state.

This year's learning opportunity has been made possible in part by contributions from the following organizations.

Gold

Presbyterian Homes and Services with HealthPartners, Inc

Silver

Aging Services of Minnesota

Ecumen

Minnesota Area Geriatric Education Center

Bronze

Catholic Eldercare

Metropolitan Area Agency on Aging

Planning Committee: Lola Amendt, Quentin Burnett, Claudia Carson, Kathleen Dempsey (Chair), Charissa Eaton, Lisa Edstrom, Emily Farah-Miller, Sue Ferguson, Sharon Gregoire, Nan Just, Penda Kane, Joanna Lees, Laura Magnuson, Rajean Moone, Gretchen Scheffel, Emily Strand, Dan Strittmater, Jim Tift

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MGS Treasurer: Dawn Simonson

Executive Director: Elaine Carlson

Operations Support: Lyn Schroeder

MINNESOTA GERONTOLOGICAL SOCIETY 2010 CONFERENCE

Agenda & Overview

FRIDAY, APRIL 30 — 7:30 AM-3:15 PM

- 7:30 a.m. Registration, Continental Breakfast, Exhibit Area Opens
- 8:15 a.m. Conference Welcome, Bloedow Scholarship
- 8:45 a.m. Keynote Speaker: Dr. Harry (Rick) Moody, Director, Office of Academic Affairs, AARP, Washington, DC
- 9:45 a.m. Breaks/Exhibits
- 10:15 a.m. Sessions Begin
- 11:30 a.m. Sessions Continue
- 12:30 p.m. Lunch
- 1:00 p.m. Kastenbaum Outstanding Gerontologist Award
- 1:20 p.m. Dessert, Concurrent Poster and Exchange Sessions, Exhibits and Networking
- 2:15 p.m. Sessions Continue

Bloedow Scholarship

The purpose of the Gerald Bloedow Scholarship Fund is to provide assistance to undergraduate and graduate students furthering their education in gerontology. For applications see the MGS website at www.mngero.org/awards/scholarship.html

Kastenbaum Award

The Outstanding Gerontologist Award was established in 1984 to recognize individuals who have made a special contribution to the lives of older persons in Minnesota. In 1998 the award was renamed the Dutch Kastenbaum Award to honor Abraham "Dutch" Kastenbaum who was a pioneer in establishing service programs for older people in Minnesota.

EXHIBIT HALL

This is your chance to network with gerontology professionals and organizations serving an older audience. Peruse the bookseller's titles written or recommended by conference speakers, enjoy refreshments, and collect information from each exhibit booth. The exhibit hall will open at 7:30 a.m. and remain available throughout the entire day.

POSTERS AND EXCHANGE SESSION

Engage in conversation with cutting edge scholars and practitioners on a variety of topics. Walk through the poster area and explore on your own, or take the time to join roundtable mini-sessions to network with other professionals.

For information and submission, please visit www.mngero.org/conference/posters.html

GERONTOLOGY EDUCATORS NETWORK - THURSDAY, APRIL 29 - 1:00-5:00 PM

A meeting of gerontology educators will take place on Thursday, April 29, at the Earle Brown Heritage Center. See details on www.mngero.org/academics

KEYNOTE SPEAKER

Dr. Harry (Rick) Moody, Director, Office of Academic Affairs, AARP, Washington, DC.

With an expected burgeoning aging population, many facets of society and levels of government have begun planning to meet new long-term, social, and policy needs that will arise as more older adults access services to support independence and healthcare needs. Even in the best of times sustainable planning is often financially, logistically, and ideologically difficult. Other factors affecting the US including the Great Recession, Healthcare Reform, and Global Environmental Challenges all add to the complexity of planning for an aging baby boom generation. Join Dr. Harry (Rick) Moody, AARP, to explore how currently societal realities do and will further influence planning for a sustainable aging society.

SESSIONS

Innovations with Special Populations

Cultural Diversity in Congregational Nursing – Joy Gordon, MA; Deborah Jewett, MPH; Norma Wofford-Amos, BSN Parish nursing began in the Lutheran faith community over 25 years ago. Since that time it has expanded into other Christian Faith communities and most recently in Minnesota into the Jewish and Muslim Faiths. This session will discuss how Parish Nursing in a Minnesota community expanded into “Congregational Nursing”.

Innovative New Practices in Healthcare for Older Adults who Suffer from Addiction and Mental Health Problems – Gwen Delger, MS; Sandy Manderfeld, BS, LISW Many older adults struggle with the inability to maintain sobriety. Often this is due to co-occurring chemical dependency, mental health, and medical issues. Information will be presented regarding treatment in Nursing Homes and a design for a program that works for older people. The details of a program that is in place in southern Minnesota will be outlined.

Seeing Through Technology: Seniors, Vision Loss & Assistive Technology - Ed Lecher, BS; Greg Hunder, BS A myth exists that seniors will not use technology and the argument will be made that expectations for adopting these technology and supports need to be rethought. An overview and demonstration of the various high to low tech devices and aids that can be very useful for seniors with vision loss will be presented. Additionally demonstrations of computer software, electronic magnification devices, scanning technologies (scanners pick up print and read it back to the user), audio reading programs, GPS/smart phone applications and more will be offered.

Innovative Partnerships

Putting the Pieces Together for People Facing Dementia – Judy Cline, BA, LNHA; Mary Cadius; Susan Schumacher, RN, GCNS; Krista O'Connor, MA The Dementia Care Transitions Project is a culmination of a 6-year dementia systems change initiative. It pulls together resources from acute and primary care to home and community based services fostering earlier detection, diagnosis and care coordination for people facing dementia. Dementia Care Transitions was awarded a National Innovations in Aging Award in July 2009 as the only project in the country focused on dementia detection in acute care, integrating dementia practices into infrastructure in ways that can be sustained. Project partners will discuss care navigation and case management models at two major health systems, HealthEast Care System and North Memorial Medical Center, along with their collaboration with the Alzheimer's Association for care consultation and Eldercare Partners for caregiver coaching.

Minnesota Rural Palliative Care Initiative – Janelle Shearer, RN, BSN, MA; Julie Mayers Benson, MD; Cindy Sauber, RN, BSN Palliative care aims to reduce suffering and improve quality of life for people with advanced illness and their families. In order to increase palliative care awareness and build skills among health care professionals in rural Minnesota, Stratis Health and Fairview Health System are currently collaborating with 10 communities on the Minnesota Rural Palliative Care Initiative. During this session you will hear directly from a Minnesota community participating in the initiative as they share strategies and action plans including barriers and solutions to engage their communities in palliative care.

Moving Beyond 2010: Is There a Safety Net at the Bottom of the Cliff? LaRhae Knatterud, MAPA; Mary Olsen Baker, MSG, MPA; Peter Spuit, MSW Since 2005 Transform 2010 has sought to engage and equip Minnesotans for the coming age wave of Baby Boomers. As the whole economic picture changed recently, the issues of an aging society became reality. Potentially the next two generations will have inadequate incomes for health and long-term care expenses in retirement. What are the responses to this economic reality of many individuals? What are the potential action areas and role of family, community and technology?

Innovations in Housing/Health Care

Home Universal Design: Clarifying the Concept, Exploring Resources and Supporters – Diane Sprague, MA Promoting home universal design should be an integral component in any effort to develop a “community for a lifetime”. However, the concept and its goals are often incorrectly portrayed, curtailing acceptance and application. This session will briefly profile UD’s history and a correct understanding of its basic goals. It will also highlight useful resources, major supporters and initiatives, both here in Minnesota and elsewhere in the country.

Thriving in Your Home Using Innovative Technology - Amanda Smoot, M.S., PhD Student; Joel Ackerman, MBA, PhD Student; Caileen Kromhout, MBA, MSW
The use of assistive technology to provide for a safe living environment for older adults experiencing decline in their cognitive and physical functioning is just one of many benefits of using innovative technology in the home. However, innovative technology can do much more than mitigate risk. It can enhance ones quality of life by supporting socialization, entertainment and leisure activities as well as providing opportunities for volunteer work and careers after retirement. Graduate students from the University of Minnesota will provide a demonstration of available technologies being used in Minnesota to support older adults who wish to thrive in their communities as well as an overview of how technology can enhance quality of life.

Unbefriended Elders: Matching Values with Decisions – Mary Bornong, MSW, LISW; Jessica Meyerson, MA; Karen Ulstad; Douglas Silverman, MPH
The term “unbefriended elder” refers to those older adults who have no identified decision makers. One of the biggest issues surrounding unbefriended elders is the risk of losing one’s capacity to make health care decisions and having no one to speak for them. This session will discuss how this program has utilized public-private partnerships to begin to change institutional and legislative policies about advanced directives and embed new strategies for effective decision making within public, medical, and community organizations to support the rights and choices of unbefriended elders.

Evidence Based Practice Innovations

Adventures in Evidence Based Implementation: Lessons learned in the implementation of Healthy Moves for Aging Well – Kirsten Johnson; Lisa Brown, MSW, LGSW
Evidence based programs are the future of health promotion. But how do you find one that is a good fit for your program and get your implementation started – and what if things don’t go as you planned? Wilder will share the challenges and lessons learned during our first year of implementing Healthy Moves for Aging Well, and evidence based falls prevention program for frail, homebound older adults. Participants will get an honest look at the ups and downs of evidenced based implementation and leave the session with an understanding of how to overcome the common obstacles to success.

Innovations in Evidenced Based Practice - Gayle Alston, MS Over the past several years, the Rosalynn Carter Institute for Caregiving has been working with the implementation of evidence based interventions on the national, state and local levels. After an introductory overview of the need for and challenges of evidence based implementation, RCI shares lessons learned in the field. From special hiring procedures to data collection and fidelity assurance, you will be provided with practical, hands on tools for evidence based implementation.

The Minnesota Translation of the New York University Caregiver Intervention - Donna Walberg, MBA; Heidi Haley-Franklin, MSW; Deborah Paone, MHSA
Minnesota in partnership with the original researcher, Dr. Mary Mittleman, is translating the 20-year New York University Caregiver Intervention (NYUCI) in 14 community settings statewide. This caregiver counseling and support intervention has proven to delay nursing home placement of the person with Alzheimer’s disease while improving caregiver well-being. The presenters will discuss issues in translating the NYUCI in urban and rural areas of Minnesota, share key early results of the translation including the caregiver, and identify the issues of recruitment and the counseling experience of caregivers and family members in actual practice.

GENERAL INFORMATION

Registration can only be processed with a check, credit card information or a purchase order number and complete information. Without an accompanying payment, the registration is delayed until payment is received. Make checks payable to the Minnesota Gerontological Society. Refunds (less a \$25 administrative fee) will be made if we are notified, in writing, two weeks in advance of the conference (by April 16, 2010).

Fees –

Early Registration by March 26, 2010

\$35 Students/seniors \$75 MGS members \$155 Non-members*

Late Registration March 27 to April 30, 2010

\$45 Students/seniors \$105 MGS members \$185 Non-members*

*(Save by joining MGS and pay the member rate. Membership Fees:

\$25 - Students; \$35 - Seniors; \$55 - Regular)

Information – For membership or other information about MGS, call 952-829-5937x3 or e-mail mgs@mngero.org or view on the MGS website at www.mngero.org

Continuing Education Units (CEUs) – The conference will meet the standards for up to 6 contact hours. Social Work and Nursing Home Administrator applications have been submitted. Other disciplines are self submit process. Certificates of attendance will be available to pick up at the end of the conference day.

Hotel Accommodations –

Crowne Plaza Minneapolis North - A block of rooms is being held for conference attendees at a group rate of \$121.00. Individuals may make their reservations by calling 763-566-8000 or 1-800-481-3556. Inform the reservation department that you are part of the Minnesota Gerontological Society group rate.

Earle Brown Heritage Center

6155 Earle Brown Drive
Brooklyn Center, MN 55430

Earle Brown Heritage Center is located in the southwest corner of the intersection of Hwy 694 and Hwy 100, just off of Single Creek Parkway. For complete directions, call (763) 569-3455 or see www.earlebrown.com

LOCATION

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Registration

Read registration policies on the previous page of the brochure before completing form.
Register on line at www.mngero.org or complete registration form below.
Registration form must be accompanied by payment.

Name _____

Degrees _____

Title _____

Organization _____

Address _____

City, State, Zip Code _____

Business phone _____ Fax _____

E-mail _____

Please check appropriate boxes.

Special Needs:

- Dietary (check one) Vegetarian Diabetic Other (specify) _____
 ADA accommodations (specify) _____

Concurrent Tracks (Select one)

- Innovations with Special Populations Innovative Partnerships
 Innovations in Housing/Healthcare Evidence Based Practice Innovations

Early Registration (by March 26th)

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- \$45 – Students/Seniors \$105 – Members \$185 – Non-Members

I am enclosing the membership fee with this registration so I qualify for the member rate

- \$25 – Students \$35 – Seniors \$55 – Regular

Registration and Payment:

Retain a copy of this registration form and payment for your files.

Mail the original copy of this registration form and payment to:

MGS Conference, PO Box 24562, Mpls, MN 55424-0562

Or register and pay online at www.mngero.org

Questions? Call: 952-829-5937 x 3 or e-mail: mgs@mngero.org

Note: I do not want my name on the participants' list distributed at the conference

Where did you hear about this conference? _____

Total Amount due: \$ _____

Check enclosed - Check No. - _____

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Please bill my: Visa Master Card Card # _____

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TO BRIDGE THE GAP IN MINNESOTA BETWEEN
RESEARCH AND PRACTICE IN THE FIELD OF AGING,
WITH SPECIAL EMPHASIS ON DEVELOPING AND
SUPPORTING TOMORROW'S LEADERS

www.mnngero.org

Check out our new website and
register for the conference online.

EARLY REGISTRATION BY MARCH 26, 2010