

Changing Compassion Fatigue to Compassion Satisfaction

There is a cost to caring. What is compassion fatigue? This webinar will provide you with specific tools to assist in identifying signs and symptoms of your own *compassion fatigue* while understanding the practices of self-care that embrace and lead to *compassion satisfaction*.

Objectives include:

- Compare and contrast stress and burnout to that of compassion fatigue
- Outline stressors that enhance susceptibility to compassion fatigue
- Identify measures to prevent compassion fatigue
- Identify signs and symptoms of compassion fatigue.
- Embrace identifiers of compassion fatigue

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Register by Friday, December 9



Visit
www.mngero.org
**to register for this
webinar by Dec. 9**

What do I need to participate?

Internet access, telephone and a registration online or mailed. Instructions on how to participate will be sent to all who are registered

Are there CEUs?

Social work and nursing (self-submit) are available

How much is the webinar?

This webinar is being offered at no cost to all participants

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