

Join MGS in a Webinar: May 26 Noon-1:00

MINNESOTA GERONTOLOGICAL SOCIETY.

Safe Driving and Community Mobility: Concrete Strategies for Seniors, Families, Educators and Clinicians

Catherine Sullivan will be describing and expanding upon the topics covered in the TV documentary co-produced recently by MGS and *tpt* called "Love of Car: Transportation as We Age". She will first briefly describe how the development of the documentary was based on research about mature drivers. She will then outline the different solutions described in the show and expand on each of them, drawing from her background as an occupational therapist and current experience educating mature drivers on transition issues. Strategies she will discuss are

- How to determine level of driving safety: From self screening to finding professional help.
- Strategies for driving longer safer: What mature drivers can do to decrease crash risk
- How to choose or adjust a car to decrease injuries.
- How to find and use alternative transportation
- How to communicate with family and clinicians about driving concerns

She will also highlight some key online resources and books about the topic and suggest practical ways they can be used.

Speakers Bio:

Catherine Sullivan, Ph.D., OTR is an Associate Professor at St. Catherine University Henrietta Schmoll School of Health, in St. Paul, MN. The focus of her research, teaching and practice expertise are on aging issues, including wellness, participation and community mobility. She led the production of the "Love of Car" show during a recent sabbatical, and is current MGS president.



Visit

www.mngero.org to register for this webinar by May 21

Webinars are free to MGS members (complete the registration form), and \$20 for non-members.



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Watch for more 2010 Webinars coming in September & November. Topics and dates will be posted in the MGS Member e-Bulletin and on MGS web site

What do I need to participate?

Internet access, telephone and a registration online or mailed. Instructions on how to participate will be sent to all who are registered

Are there CEUs?

Social work and nursing (self-submit) are available

Where can I learn more about MGS?

Visit www.mngero.org for more information

How much is the webinar?

Free for MGS members, \$20 for nonmembers. Become a member at www.mngero.org