



Minnesota Northstar Geriatrics Workforce Enhancement Program (MN GWEP)

The purpose of our program is to improve the health and healthcare of older adults across Minnesota. The five goals of this five-year, \$3.75 million program funded by the US Health Resources & Services Administration are:

Building partnerships between the University of Minnesota and community partners to collaborate on and oversee all the Minnesota Northstar GWEP activities

The Minnesota Northstar GWEP is facilitating and strengthening meaningful support and collaboration of key partners in the geriatrics field. The University of Minnesota is joined by eight community partners to provide greater access community education in aging and dementia, improve geriatrics training in health professions, and transform primary care clinical training and practice sites to provide Age-Friendly care.

Educating current and future health professionals in Age-Friendly care

The Minnesota Northstar GWEP is preparing the current and future workforce to care for older adults and create Age-Friendly systems. Our team is implementing a multi-faceted geriatrics training program to reach a wide variety of healthcare providers and interprofessional learners in Minnesota.

Transforming primary care clinics for Age-Friendly care and learning

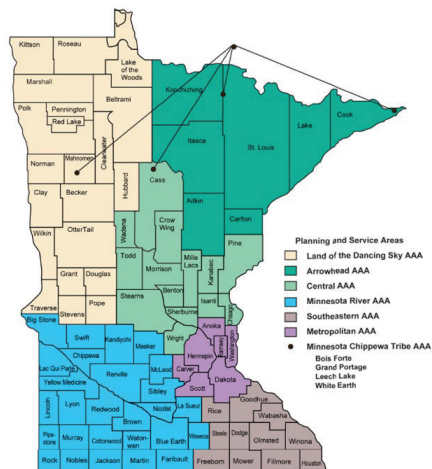
The Minnesota Northstar GWEP aims to implement and demonstrate the ways we can transform primary care clinics throughout the state of Minnesota to better integrate Age-Friendly geriatrics care. By concentrating efforts in clinics where students and residents learn, we can improve care while changing the way our next generation of healthcare professionals practice.

Offering public education and support for families and direct care workers

Since Alzheimer's disease and related dementias are especially challenging when caring for older adults, the Minnesota Northstar GWEP has several programs targeting these complex conditions. Through educational "roadshows," conferences, community speaking engagements, and radio spots, we are reaching out to people in all corners of our state with dementia information and support.

Focusing on dementia care, support, and safety

The Minnesota Northstar GWEP provides education to support older adults. Through a partnership with Dementia Friends Minnesota, we will train health professionals, students, and community members. Additional specific training for professionals focuses on dentistry, exercise, and safety for patients with Alzheimer's and dementia.

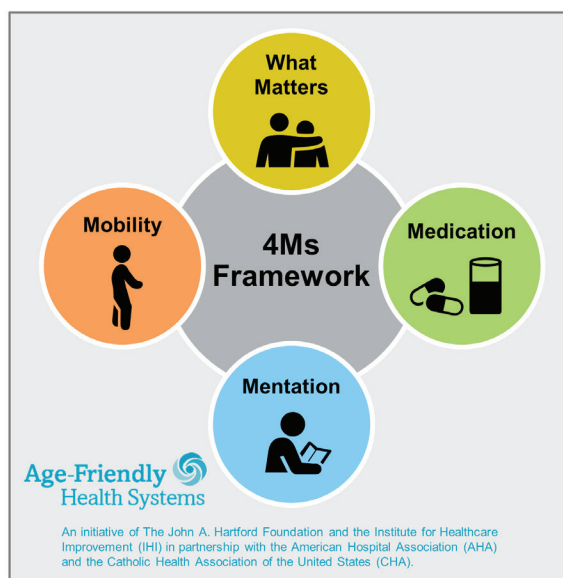


Reach

The population served by the Minnesota Northstar GWEP is Minnesota's older adults, their families, and their caregivers. To ensure that we reach this population throughout the entire state, our organizing footprint will be the Minnesota Association of Area Agencies on Aging, comprising the seven AAAs that cover all 87 counties and the Chippewa Tribe in Minnesota. The GWEP website dashboard will be regularly updated with our progress throughout the state.

Theoretical Framework

The Minnesota Northstar GWEP is utilizing the Age-Friendly Health Systems framework of the 4Ms, which represents a broad shift by health systems to focus on the needs of older adults. The framework of the 4Ms organizes care and focuses on the older adults' wellness and strengths; these apply regardless of the functional problems older adults may experience and are inclusive of various cultural, ethnic and religious backgrounds. As GWEP works in Minnesota communities, we will incorporate the frame of Age-Friendly Health Systems into existing health system resources.



What Matters

Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care.

Medication

If medication is necessary, use Age-Friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care.

Mentation

Prevent, identify, treat, and manage dementia, depression, and delirium across settings of care.

Mobility

Ensure that older adults move safely every day in order to maintain function and do What Matters.

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