



**Supporting the Desire to Age in Place:
Important Considerations for the Aging Population**

***8:45 - 9:00 AM** **Geriatric Principles**
9:00 - 9:35 AM Cognitive Assessments
10:00 - 10:55 AM Functional Assessments
11:00 - 11:55 AM Advance Care Planning
11:55 - Noon Wrap Up

AGENDA

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Handouts available at mngero.org

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Geriatric Principles

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Geriatric Chopsticks



- Clinical Skills
 - Atypical presentations
 - Potentially serious problems
 - Geriatric syndromes
- Management
 - Interdisciplinary teamwork
 - Proactive primary care

Clinical Skills

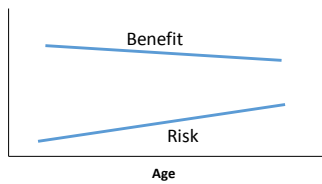
- Recognizing potentially serious problems
 - Dementia
 - Depression
 - Falls
- Dealing with geriatric syndromes
 - Incontinence
 - Frailty
- Managing polypharmacy
- Emphasizing function

Geriatric Syndromes

- Frailty
 - Slow gait
 - Balance impairment
 - Weight loss
 - Undernutrition
 - Sarcopenia
 - Osteopenia
- Failure to thrive
- Immobility
 - Multiple causes

Each syndrome is the end result of multiple inputs

Narrowing Therapeutic Window



Disease Presentation

- Laboratory values
 - Static
 - Dynamic
- Masked symptoms and signs
 - Diagnostic criteria
- Markers v. causes
 - e.g., Amyloid
