



Recovery resources for Older Adults in the Twin Cities Metro Area

TREATMENT PROGRAMS/OTHER SERVICES

THE RETREAT	www.theretreat.org	952-476-0566
SENIOR RECOVERY	www.senior-recovery.org	651-773-0473
FAIRVIEW CHEMICAL HEALTH SERVICES	www.fairview.org	800-824-1953
ST. CLOUD HOSPITAL		320-229-3760

ALCOHOLICS ANONYMOUS

GREATER MINNEAPOLIS AREA	www.aaminneapolis.org	952-922-0880
GREATER ST. PAUL AREA	www.aastpaul.org	651-227-5502

The Elders Step & Traditions

Tues., 10am @ The Retreat

Minnetonka Seniors' Group

Wed., 10:30am @ Minnetonka Community Center

The Elders Big Book

Tues., 10am @ The Retreat

Big Book Stories

Fri., 1:30pm @ The Retreat

NOTE: Many AA meetings that meet in the morning on weekdays are populated by older adults.

AL-ANON

GREATER TWIN CITIES AREA	www.al-anon-alateen-msp.org	952-920-3961
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OTHER RECOVERY RESOURCES

MN RECOVERY CONNECTION	www.minnesotarecovery.org	651-233-2080
THE RECOVERY CHURCH	www.therecoverychurch.org	651-291-1371

MEDICAL HEALTH ASSESSMENTS

HENNEPIN COUNTY MENTAL & CHEMICAL HEALTH		612-879-3503
RAMSEY COUNTY CHEMICAL DEPENDENCY		651-266-7890
VETERAN'S SERVICES LINKVET LINE		888-546-5838
MINNESOTA VISITING NURSE AGENCY	www.mvna.org	612-617-4600

READING

FREE DESK REFERENCE:	www.samsha.gov	877-726-4727
<i>Substance Abuse Among Older Adults: A Guide for Social Service Providers</i>		

BOOKS

The Grief Club, Melody Beattie

Co-Dependent No More, Melody Beattie

Aging & Addiction, Debra Jay and Carol Colleran

I'll Quit Tomorrow, Vernon E. Johnson

The Spirituality of Imperfection, Ernest Kurtz