Welcome to the 2019 MGS Conference!

MGS 2019 Learning Objectives
pre-approved for 6 CEUs by MN Board of Social Work and BENHA.
MGS is listed as a Continuing Education Resource by the MN Board of Nursing

From the content presented at this conference, learners will be able to:
1. Explore the future of aging in Minnesota, and consider ways to rethink, reimagine, and redesign long-term care service delivery.
2. Discuss the effects of innovative strategies and research on health outcomes for persons living in long-term care facilities.
3. Recognize the needs of diverse populations and how to meet them with cultural awareness.
4. Identify strategies to address the needs of older adults living in rural communities.
5. Understand the challenges and solutions to serving older adults with mental health needs.

MGS Mission
To bridge the gap in Minnesota between research and practice in the field of aging, with special emphasis on developing and supporting tomorrow’s leaders.

The Minnesota Gerontological Society (MGS), established in 1976, is an eclectic group of social service professionals, health care providers, research scientists, policy analysts, program administrators, educators, students, retirees, consultants, attorneys, and others. Our common interest is aging.

As a volunteer organization, MGS relies heavily on the personal commitment of many individuals and organizations who believe in the MGS mission. MGS expresses gratitude to all sponsors, partner organizations, individual members and volunteers.

Board of Directors of Minnesota Gerontological Society

Lori Vrolson, Central MN Council on Aging, President
Adam Suomala, LeadingAge Minnesota, President Elect
Ed Nunn, Community Representative, Treasurer
Laura Hood, City of St. Cloud, Secretary
Charissa Eaton, Winona State University, Past President
Jane Brink, Office of Ombudsman for Long-Term Care
Meghan Coleman, Metropolitan State University
Kris Glaros Hanson, The Senior Connections
Phyllis Greenberg, St. Cloud State University
Jessica Hausauer, MN Network of Hospice and Palliative Care
Sue Humphers-Ginther, MN State University Moorhead
Emily Kerling, Northfield Retirement Community
Roberta Meyers, Hennepin Healthcare
Kathryn Ringham, Retired, Medical Social Worker
Catherine Sullivan, St. Catherine University
Jim Varpness, Retired, DHHS
Amanda Wall Dotray, Metropolitan Area Agency on Aging
Pam Zimmerman, Vital Health Links, Conference Chair

Tom Hyder, Executive Director
MGS 43rd Annual Conference
The Future of Aging:
RETHINK · REIMAGINE · REDESIGN
April 12, 2019 - Earle Brown Heritage Center, Brooklyn Center, MN

7:00 – 8:00 a.m. Registration, Breakfast, Networking, Exhibit Hall
Carriage Hall

8:00 – 8:15 a.m.
Welcome, About MGS
Pam Zimmerman, MGS Conference Chair
Gerontologist of the Year – Dutch Kastenbaum Award
Carriage Hall

8:15 – 9:30 a.m.
Keynote Introduction – Rosalie Kane, PhD, University of Minnesota
Morning Keynote: “Quality Long-Term Care: How Research and Innovation Lead to Better Outcomes (or Not)”
Vincent Mor, PhD, University of Minnesota Robert L. Kane Memorial Lecturer; Professor of Health Services, Policy and Practice at Brown University

9:30 – 10:00 a.m. Exhibit Hall; Chair Massage, Networking

10:00 – 11:15 a.m. Concurrent Sessions

<table>
<thead>
<tr>
<th>Track 1</th>
<th>Track 2</th>
<th>Track 3</th>
<th>Track 4</th>
<th>Track 5</th>
<th>Track 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETHICS AND DIVERSITY</td>
<td>AGING IN PLACE</td>
<td>CAREERS; POLICY; RESEARCH</td>
<td>HEALTH; MENTAL HEALTH</td>
<td>PERSONAL PERSPECTIVES</td>
<td>RURAL COMMUNITY SOLUTIONS</td>
</tr>
<tr>
<td>1A Gay &amp; Gray: Ethics in Serving LGBT Older Adults</td>
<td>2A Smart Home Technology: Enhancing Independent Living</td>
<td>3A Careers in Aging: Gerontologists Wanted NOW</td>
<td>4A Elder Abuse Prevention: A Public Health Approach</td>
<td>5A Shaping My Story: Diverse Personal Perspectives</td>
<td>6A Working Caregivers in Rural Minnesota: A New Model</td>
</tr>
<tr>
<td>Location: Harvest A</td>
<td>Location: Garden City</td>
<td>Location: Harvest B/C</td>
<td>Location: Captains</td>
<td>Location: Tack A (downstairs)</td>
<td>Location: Tack B (downstairs)</td>
</tr>
</tbody>
</table>

11:15 – 11:30 a.m. Exhibit Hall; Chair Massage, Networking

11:30 – 12:15 p.m. MGS Awards Luncheon
MGS Program – Conference Committee & MGS Board
Lori Vrolson, MGS President
Student Scholarship Award Presentations
Honoring Gerald Bloedow, Elva Walker Spillane, and Robert & Rosalie Kane
Carriage Hall

12:15 – 1:30 p.m. Luncheon Panel – “Future Visions for Minnesota Aging Services”
Moderator: Joe Gaugler, PhD, UMN Kane Endowed Chair in Long-Term Care & Aging
Roberta Meyers, MD, President – MN Association of Geriatrics Inspired Clinicians
Pahoua Yang Hoffman, MBA, Executive Director, Citizens League
1:30 – 2:00 p.m.  Exhibit Hall; Poster Displays; Chair Massage, Movement for Better Balance

2:00 – 3:15 p.m.  **Concurrent Sessions**

<table>
<thead>
<tr>
<th>Track 1</th>
<th>Track 2</th>
<th>Track 3</th>
<th>Track 4</th>
<th>Track 5</th>
<th>Track 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETHICS AND DIVERSITY</td>
<td>AGING IN PLACE</td>
<td>CAREERS; POLICY; RESEARCH</td>
<td>HEALTH; MENTAL HEALTH</td>
<td>PERSONAL PERSPECTIVES</td>
<td>RURAL COMMUNITY SOLUTIONS</td>
</tr>
<tr>
<td>1B</td>
<td>2B</td>
<td>3B</td>
<td>4B</td>
<td>5B</td>
<td>6B</td>
</tr>
<tr>
<td>American Indian Elders: Need for Cultural Sensitivity in Health Care and Services</td>
<td>Rethinking Aging in Place: Home Rehab Costs and Necessary Resources</td>
<td>Aging Policy and Services Initiatives: Federal, State, Community</td>
<td>Challenges - Solutions to Mental Health Services for Older Adults</td>
<td>Aging: Perspectives from Memoirs and Poems</td>
<td>Technology Supported Innovations for All Ages: A Community Model</td>
</tr>
</tbody>
</table>

Location: Harvest B/C  
Location: Garden City  
Location: Harvest A  
Location: Captains  
Location: Tack B (downstairs)  
Location: Tack A (downstairs)

3:15 – 3:30 p.m.  Break

3:30 – 4:30 p.m.  **Concurrent Sessions**

<table>
<thead>
<tr>
<th>Track 1</th>
<th>Track 2</th>
<th>Track 3</th>
<th>Track 4</th>
<th>Track 5</th>
<th>Track 6</th>
</tr>
</thead>
<tbody>
<tr>
<td>ETHICS AND DIVERSITY</td>
<td>AGING IN PLACE</td>
<td>CAREERS; POLICY; RESEARCH</td>
<td>HEALTH; MENTAL HEALTH</td>
<td>PERSONAL PERSPECTIVES</td>
<td>RURAL COMMUNITY SOLUTIONS</td>
</tr>
<tr>
<td>1C</td>
<td>2C</td>
<td>3C</td>
<td>4C</td>
<td>5C</td>
<td>6C</td>
</tr>
<tr>
<td>Ethical Considerations: Determining Mental Capacity for Personal Autonomy</td>
<td>Healing Power of Nature: Enhancing Spaces Inside &amp; Out</td>
<td>POSTERS Cutting Edge Research</td>
<td>Meeting the Opioid Challenge: Impact on Older Adults</td>
<td>Words Matter! What Does &quot;Senior&quot; Mean to You?</td>
<td>Reducing Unnecessary Hospitalization of Rural Nursing Home Residents</td>
</tr>
</tbody>
</table>

Location: Garden City  
Location: Captains  
Location: Foyer  
Location: Harvest B/C  
Location: Harvest A  
Location: Tack A (downstairs)

4:30 – 5:00 p.m.  **Raffle Prize Drawings** (Must be present to win)  
Foyer

**Access Session Handouts**

1. Connect to Wi-Fi for Earle Brown, password = Schoolhouse1878
2. Go to MGS website: mngero.org
3. "WEBINARS/CONFERENCE“ tab
4. “2019 CONFERENCE HANDOUTS”; password = mgs2019

**After the Conference**

CONFERENCE EVALUATION & 6 CEU CERTIFICATE
CEUs are pre-approved by BOSW and BENHA. MGS is a Board of Nursing Continuing Education resource.
1. Go to MGS website: mngero.org
2. WEBINARS/CONFERENCE“ tab
3. “2019 CONFERENCE EVALUATION & CEU; Password = mgs2019
4. Complete and submit evaluation. Download the CEU certificate.
You will also receive an email with Evaluation and CEU instructions.
This interactive panel will share insights on steps that students, new professionals in aging and those looking to make a career shift can take.

Kimberly Barrett, Assured Living Project Manager, Best Buy Corporation

4A - Careers in Aging: Gerontologists Wanted NOW

Sue Humphers-Ginther, PhD, Gerontology Program Coordinator, Minnesota State University Moorhead

Dr. Mor’s research focuses on the organizational and health care delivery system factors associated with variation in use of health services and the outcomes frail and chronically ill persons experience. He has been Principal Investigator of over 30 NIH funded grants focusing on the organizational and health care delivery system factors to improve the experiences and outcomes for frail and chronically ill persons. He holds the Merit Award from NIA for his research.

This prestigious lectureship features national and international scholars who excel in researching quality long term care and strive to improve our nation’s health care delivery systems. In addition to an academic presentation that is held at the University of Minnesota, the holder of the Robert L. Kane Memorial Lectureship provides a presentation to providers, policymakers, and similar community stakeholders.

A SESSIONS • 10:00 a.m. - 11:15 a.m.

1A - Gay and Gray: Ethics in Serving LGBT Older Adults

Room: Harvest A

Jane Danner, MA, LSW, Director, Resident Engagement and Development, Volunteers of America

Rajean Paul Moone, PhD, Executive Director, Training to Serve

Rebecca K. Coffin, JD, Partner, Voigt, Rode`, and Boxeth

An overview of issues regarding the LGBT aging community. This session will increase service provider awareness about the diversity of sexual orientation and gender identity among senior clients and the ethical dilemmas providers may encounter. Information will be shared to help organizations become more LGBT culturally competent and welcoming.

2A - Smart Home Technology: Enhancing Independent Living

Room: Garden City

Karen M Sames, OTD, OTR/L, FAOTA, Professor, Occupational Therapy, St. Catherine University

Kimberly Barrett, Assured Living Project Manager, Best Buy Corporation

Pennie Viggiano, VP Home and Community Based Services Benedictine Health Services

Jennifer Hutson, MA, OT/L, Assistant Professor, Occupational Therapy, St. Catherine University

Skye Thompson, BS, OTS, Research Assistant: St. Catherine University

A team of researchers partnered to study the impact of using smart home technologies by seniors living independently. This presentation will include a brief review of the literature around smart home technology as well as a summary of the research methodology, results, and implications for the future. Participants will see and try out the technology and interact with the research team.

3A - Careers in Aging: Gerontologists Wanted NOW

Room: Harvest B/C

Phyllis Greenberg, PhD, MPA, Coordinator, Graduate Studies in Gerontology, St. Cloud State University

Sue Humphers-Ginther, PhD, Gerontology Program Coordinator, Minnesota State University Moorhead

Tanya Rand, MSW, LICSW, Coordinator of Aging Services, University of St. Thomas

Emma Shepard, MS, Community Development Director, Central Minnesota Council on Aging

Charissa Eaton, PhD, MSW, Professor, Social Work Department, Winona State University

Paul Baymler, BA, Senior Linkage Line Phone Specialists, Dancing Sky Area Agency on Aging

This interactive panel will share insights on steps that students, new professionals in aging and those looking to make as career shift can take to market themselves or further their careers in the aging network. Topics include current gerontology programs, types and range of possible careers, ideas on how and where to network, and how students who have successfully obtained jobs overcame barriers.
A SESSIONS • 10:00 a.m. - 11:15 a.m. (continued)

4A - Elder Abuse, Neglect and Exploitation Prevention: A Public Health Approach
  Marit Anne Peterson, JD, Program Director, Minnesota Elder Justice Center
  Sean Burke, JD, Policy Director, Minnesota Elder Justice Center
  Katie Behrens, MPH, Prevention and Outreach Coordinator, Minnesota Elder Justice Center
A close examination of primary prevention models applied to elder abuse, neglect and exploitation. The goal is to more closely identify these prevention strategies with the language we use to talk about this issue. Much work has been done to understand domestic violence, while less policy and research attention is focused on elder victims in a preventative context.

5A - Shaping My Story: Diverse Personal Perspectives
  Moderator: Patti Cullen, President/CEO, Care Providers of MN
  Panel: Norby Blake - American Indian; Maria Eugenia Gamboa - Latinx; Darnell Griffith - African American; Brenda Fong - Chinese
A panel of seniors of various age, gender, race and culture respond to the core question: “What is essential to maintain a meaningful life as we age”? They discuss needed public policy changes to move closer to meeting their needs/wants. While market research plays a role in development plans, do professionals really ask the broader population of seniors, especially from diverse cultures, “What is essential to maintain a meaningful life?”

6A - Working Caregivers in Rural Minnesota: A New Model
  Carrie Henning-Smith, PhD, MPH, MSW, Deputy Director, Rural Health Research Center, UMN
  Megan Lahr, MPH, Research Fellow, Rural Health Research Center, UMN
Research and interviews with experts provide evidence on the importance of focusing on new models of support to address the unique challenges to sustaining employed caregivers in rural areas. Grace Innovations will present a new integrated model of providing supportive services to employed caregivers which includes partnering with employers and engaging community stakeholders.
Purpose: to improve the health and wellbeing of rural caregivers and their clients.

LUNCHEON • 11:30 a.m. - 1:30 p.m.

11:30 am – 12:15 pm: MGS Awards Luncheon
  Lori Vrolson, MGS President
Student Scholarship Funds
MGS sponsors three scholarship funds and annually awards financial assistance to undergraduate and graduate students in Minnesota studying in a field related to gerontology or geriatric health.
  Robert L. and Rosalie A. Kane Scholarship Fund – established in 2017
  Elva Walker Spillane Scholarship Fund – established in 2015
  Gerald Bloedow Scholarship Fund – established in 1994

12:15 am– 1:30 pm: Luncheon Panel
  “Future Visions for Minnesota Aging Services”
  Moderator: Joe Gaugler, PhD, UMN Kane Endowed Chair in Long-Term Care & Aging
  Roberta Meyers, MD, President, MN Association of Geriatrics Inspired Clinicians
  Pahoua Yang Hoffman, MBA, Executive Director, Citizens League
  Gayle Kvenvold, MSW, President/CEO, LeadingAge Minnesota

AFTER LUNCH ACTIVITIES • 1:30 p.m. – 2:00 p.m.

Exhibit Hall
Poster Displays
Chair Massage
“Movement for Better Balance”
Carriage Hall
Foyer
Captains Foyer
Harvest Foyer
B SESSIONS • 2:00 P.M. - 3:15 P.M.

1B - American Indian Elders: Need for Cultural Sensitivity in Health Care and Services
   
   *Linda Bane Frizzell, PhD, MS, Faculty, School of Public Health, University of Minnesota*

   The health status of American Indian elders has continued to decline every year since records have been kept in 1955. There is a critical need for culturally sensitive/attuned health service providers, who have abilities to respect elders and collaborate with families in a “holistic” approach that has been used for centuries by indigenous peoples, to provide the highest quality and effective services possible.

2B - Rethinking Aging in Place: A Study on Home Rehab Costs and Necessary Resources
   
   *Christin Lindberg, M.A., C.P.G., Research Associate, Wilder Research*
   *Cael Warren, PhD Candidate, Research Scientist, Wilder Research*
   *Michelle Decker Gerrard, M.Ed., Senior Research Manager, Wilder Research*

   Wilder Research conducted a study to better understand the home rehabilitation and service needs of extremely low-income older adult homeowners who want and are capable of aging-in-place. The ability to age in place is complex and depends on adequate financial resources, along with housing that accommodates the physical needs of older adults.

3B - Aging Policy and Services Initiatives: Federal, State, Community
   
   *Jim Varpness, MPA, Retired Regional Director, US Department of Health & Human Services*
   *Kari Benson, MPA, Executive Director, Minnesota Board on Aging*
   *Lori Vrolosion, MS, President, MGS: Executive Director, Central MN Council on Aging*

   Older Minnesotans and their caregivers often utilize long-term services and supports (LTSS) such as meal delivery, adult day services, or support groups to maintain independence and manage health care needs. This session will review federal, state and local policies and service delivery models, and explore existing gaps in services. Insights on our changing views of how LTSS will be provided in the future and implications for how these services are funded will also be discussed.

4B - Challenges and Solutions to Mental Health Services for Older Adults
   
   *Chris Rosenthal, LISW, Director of Aging and Disability Service, Jewish Family Service of St. Paul*
   *Sara Wellington, LPC, ATR, Art Therapist, Jewish Family Service of St. Paul*
   *Kaci Christnovich MA, Mental Health Practitioner, Jewish Family Service of St. Paul*
   *Beth Johnson, LMFT, Jewish Family Service of St. Paul*
   *Rachel Potter, LSW, MSW Intern, Jewish Family Service of St. Paul*
   *Avi Zadaka, MSW, Coordinator, Live Well Grant*

   Challenges for effective mental health services include not enough trained providers, stigma, lack of transportation, and restrictive reimbursement. These barriers limit creative therapeutic interventions. A panel of experts will share their recent experiences and outcomes with innovative mental health interventions, including tele-counselling, delivered to older adults in their homes.

5B - Aging: Perspectives from Memoirs and Poems
   
   *Ted Bowman, MDiv, Family and Grief Educator, Adjunct Instructor, University of St. Thomas*

   Insights about present and future aging can be found in memoirs and poetry. Further, stories of aging and poetry can enrich work with elders and their families. Accounts from the written word will be used to demonstrate the present and future of aging and suggest ways of addressing joys and concerns. Stories evoke stories. Hence, the use of literary prompts can lead to writing, speaking, recalling, affirming and envisioning aging.

6B - Technology Supported Innovations for All Ages: A Community Model
   
   *Dona J. Wishart, Executive Director, Otsego County, MI Commission on Aging*
   *Joel M. Ackerman, Founder and CEO, Commun02 (Community Oxygen)*

   A Minnesota developed community support platform for older adults, persons with disabilities and family caregivers currently being implemented, community-wide in Flint, Traverse City, and Gaylord Michigan; several Minnesota communities are exploring being next. The program, including initially 75 organizations, is free to all consumers and provides technology for better connecting people with each other, social services, government and health care. Opportunities for replicating in Minnesota will be presented.

C SESSIONS • 3:30 P.M. - 4:30 P.M.

1C - Ethical Considerations: Determining Mental Capacity for Personal Autonomy
   
   *Karen Reimers, MD, Psychiatrist, Expert Consultant, Assist. Adjunct Professor, UMN*

   Mental health professionals are increasingly asked to render opinions about an older person’s mental capacity to make decisions about self-care and finances. Special assessment techniques are needed to explore decision making capacity of older people and avoid potential elder financial exploitation. This interactive workshop will explore ethical considerations in geriatric forensic evaluations, emphasizing best practices for referral and assessment of older patients.
C SESSIONS • 3:30 P.M. - 4:30 P.M. (continued)

2C - Healing Power of Nature: Enhancing Spaces Inside and Out
   David Motzenbecker, PLA, ASLA, ANFT, Certified Forest Therapy Guide, Motz Studios LLC
   Carole J. Hyder, MA, Integrative Spaces and Feng Shui Expert, Hyder Enterprises Inc
Integrating nature into the design of care facilities, hospitals, senior living apartments, homes and offices can provide a myriad of health benefits. Participants will be introduced to enhancing harmony and balance from both biophilic design studies as well as the ancient practice of Feng Shui. These two modalities work in tandem to create healthy spaces.

3C: Poster Session Presentations
   The specific list of poster topics/presenters is listed on next page.
   The Poster Session is a display of presentations representing gerontology and aging-related research by practicing professionals, faculty, and higher education students. This session offers attendees an opportunity to learn about current and emerging research and engage in one-to-one discussions with researchers about their project findings as well as implications toward policy initiatives, improvements in care delivery, and best practices when working with older adults. In this session, each researcher will briefly present on his/her topic. Then, participants can mingle among the posters and engage in more in-depth dialogs about the research topics and findings.

4C - Meeting the Opioid Challenge: Impact on Older Adults
   Madelyn Atol, PharmD, BCACP, Clinical Pharmacist, HealthPartners
   Tammy Chambers BS, RN, Clinical Quality Consultant, HealthPartners
Seniors use more prescription and over the counter medications than younger age groups. They are subsequently at higher risk for drug-drug interactions with opioids, and some signs of overdose or abuse can mimic the natural aging process. The New Chronic User (NCU) measure was developed by DHS as a useful clinical outcome measure to support quality improvement efforts in preventing chronic opioid use. Training on implementing safety protocols into clinical practice can be an important step in reducing the impact in the elderly population.

5C - Words Matter! What Does “Senior” Mean to You?
   Deb Taylor, MPNA, CEO, Senior Community Services
   Jon Burkhow, Director of HOME and Senior Partners Care Programs, Senior Community Services
Professionals need to pay attention to what the Frameworks Institute research is saying about the word “Senior”, which has a negative connotation for many. Attendees will be engaged in a discussion about how to best reach people who need services with language that resonates with them. Through reframing and reimagining, positive ways to talk and think about aging will be explored.

6C - Reducing Unnecessary Hospitalization of Rural Nursing Home Residents
   Cami Peterson-DeVries, DHA, RN, MSN, Regional Director, St. Francis Health Services
An open discussion and review of research conducted with rural nursing home providers on possible solutions to address unnecessary hospitalizations. We understand that unnecessary hospitalizations continue to occur. Multiple factors influence a provider’s decision to send a resident to the hospital. These can include unclear advance-directive information, a provider’s lack of knowledge-information about resident and family wishes, or unknown/unavailable nursing home services and processes. There are many opportunities to work collaboratively to address the problem and improve the care of the older adult.

OLDER ADULTS WITH MILD COGNITIVE IMPAIRMENT NEEDED FOR STUDY

If you have mild cognitive impairment and are 65 years of age or older, you may qualify to participate in an exercise and cognitive training study. A specialist will work with you, and you will receive compensation and gym membership reimbursement.

Call 612-626-9490 to learn more
Sponsored by the National Institute on Aging
2019 Poster Sessions

1. A Collaborative Community Initiative - Catholic Charities, United Way, and UMN Center on Aging
   Alia Lozovan Kazi, MD, MPH, University of Minnesota

   Amanda Clemens, MS, St. Cloud State University

3. After the Intervention: Understanding Participants Who Engage in Ad Hoc Sessions
   Robyn Birkeland, University of Minnesota

4. Assets and Unmet Needs of Older Adults in Minnesota’s Diverse Communities
   Hayley McCarron, BA, University of Minnesota

5. How Does Using Aging Simulation Suits in Classroom Activities Impact Student Attitudes about Aging?
   Meghan Coleman, PhD, DC, Metro State University

6. Encore Adulthood: Discovering Meaning and Purpose in the Second Half of Life
   Kathleen Schaefers, PhD, University of Minnesota

7. Implementation of Culture Change Practices in Minnesota Nursing Homes
   Yinfei Duan, PhD Candidate, University of Minnesota

8. Predicting Depressive Symptoms among Older Adults
   Lauren Mitchell, PhD, University of Minnesota

9. Reimagining Pain and Pain Management for the Older Adult in Long-term and Transitional Care
   Karen Sames, OTD, OTR/L, FAOTA, St. Catherine Univ.

10. Reports of Caregivers Dying Before Care Recipients with Dementia Have Been Greatly Exaggerated
    Colleen Peterson, MS, University of Minnesota

11. Six-Month Efficacy of Remote Activity Monitoring for Persons with Dementia and Their Family Caregivers
    Rachel Zmora, MPH, University of Minnesota

12. Utilization of the Patient Activation Measure (PAM®) and Coaching for Activation (CFA®) in Post-Acute Populations to Decrease Hospital Readmissions
    Kristen Matulis, University of Minnesota

2019 Sponsors

<table>
<thead>
<tr>
<th>Booth</th>
<th>Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>3</td>
<td>Bethel University</td>
</tr>
<tr>
<td>38</td>
<td>Blue Cross Blue Shield and Blue Plus</td>
</tr>
<tr>
<td>41</td>
<td>Care Providers of Minnesota</td>
</tr>
<tr>
<td>15</td>
<td>HealthPartners</td>
</tr>
<tr>
<td>22</td>
<td>LeadingAge Minnesota</td>
</tr>
<tr>
<td>34</td>
<td>MEDICA</td>
</tr>
<tr>
<td>21</td>
<td>Metro Meals on Wheels</td>
</tr>
<tr>
<td>16</td>
<td>MN Assoc. of Area Agencies on Aging</td>
</tr>
<tr>
<td>10</td>
<td>Minnesota Board on Aging</td>
</tr>
<tr>
<td>2</td>
<td>Mitchell Hamline School of Law</td>
</tr>
<tr>
<td>37</td>
<td>St. Croix Hospice</td>
</tr>
<tr>
<td>30</td>
<td>UCare</td>
</tr>
<tr>
<td>42</td>
<td>UMN Kane Chair in LTC and Aging</td>
</tr>
<tr>
<td>33</td>
<td>Vision Loss Resources</td>
</tr>
</tbody>
</table>

Prepared by

St. Thomas

BSW: Area of Emphasis in Gerontology

Clinical MSW*: Area of Emphasis in Aging (AEA)

St. Thomas.edu/socialwork/gerosocialwork

* Hybrid MSW provides distance learning options

Geriatric Social Work

University of St. Thomas
2019 Exhibitors

<table>
<thead>
<tr>
<th>Booth</th>
<th>Name</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>31</td>
<td>Adaptive Experts</td>
<td>adaptiveexperts.com</td>
</tr>
<tr>
<td>44</td>
<td>Alzheimer's Association MN-ND</td>
<td>alz.org/mnnd</td>
</tr>
<tr>
<td>36</td>
<td>Arthur's Senior Care</td>
<td>arthursresidentialcare.com</td>
</tr>
<tr>
<td>24</td>
<td>Center for Excellence in Supported Decision Making, VOA MN</td>
<td>voamni.org</td>
</tr>
<tr>
<td>25</td>
<td>Comfort Keepers</td>
<td>comfortkeepers.com</td>
</tr>
<tr>
<td>13</td>
<td>CommunO2, LLC</td>
<td>communo2.com</td>
</tr>
<tr>
<td>32</td>
<td>Consumer Directions</td>
<td>consumerdirections.info</td>
</tr>
<tr>
<td>12</td>
<td>DHS Human Resources Recruitment</td>
<td>mn.gov/dhs</td>
</tr>
<tr>
<td>11</td>
<td>DHS - Deaf and Hard of Hearing Services/ TED Program</td>
<td>mn.gov/dhs/ted-program</td>
</tr>
<tr>
<td>39</td>
<td>Direct Support Connect</td>
<td>DirectSupportConnect.com</td>
</tr>
<tr>
<td>23</td>
<td>Ecumen</td>
<td>ecumen.org</td>
</tr>
<tr>
<td>52</td>
<td>Empira</td>
<td>empira.org</td>
</tr>
<tr>
<td>47</td>
<td>Gianna Homes</td>
<td>giannahomes.org</td>
</tr>
<tr>
<td>20</td>
<td>Handi Home Living Solutions</td>
<td>handihomeliving.com</td>
</tr>
<tr>
<td>19</td>
<td>Handi Medical Supply</td>
<td>handimedical.com</td>
</tr>
<tr>
<td>45</td>
<td>In Home Lab Connection &amp; HomeCare</td>
<td>ihlc-homecare.com</td>
</tr>
<tr>
<td>51</td>
<td>JustUs Health</td>
<td>justushealth.mn</td>
</tr>
<tr>
<td>48</td>
<td>Lao Advancement Organization of America</td>
<td>laoamerica.org</td>
</tr>
<tr>
<td>28</td>
<td>Lifeway Mobility</td>
<td>lifewaymobility.com</td>
</tr>
<tr>
<td>17</td>
<td>Little Brothers - Friends of the Elderly</td>
<td>littlebrothers.org</td>
</tr>
<tr>
<td>14</td>
<td>Lutheran Social Service of MN</td>
<td>lssmn.org</td>
</tr>
<tr>
<td>53</td>
<td>Medford, Knutson and Associates</td>
<td>mkaonline.com</td>
</tr>
<tr>
<td>7</td>
<td>Metropolitan State University</td>
<td>metrostate.edu</td>
</tr>
<tr>
<td>50</td>
<td>Minnesota Brain Injury Alliance</td>
<td>braininjurymn.org</td>
</tr>
<tr>
<td>43</td>
<td>Minnesota Gerontological Society</td>
<td>mngero.org</td>
</tr>
<tr>
<td>8</td>
<td>Minnesota State University Moorhead</td>
<td>mnstate.edu/scj</td>
</tr>
<tr>
<td>27</td>
<td>Oasis Senior Advisors Minnetonka</td>
<td>oasissenioradvisors.com</td>
</tr>
<tr>
<td>18</td>
<td>Our Lady of Peace Hospice</td>
<td>ourladyofpeacemn.org</td>
</tr>
<tr>
<td>26</td>
<td>Recover Health</td>
<td>recoverhealth.org</td>
</tr>
<tr>
<td>40</td>
<td>Regions Hospital Rehabilitation</td>
<td>healthpartners.com/hospitals/regions/specialties/rehabilitation</td>
</tr>
<tr>
<td>35</td>
<td>Saint Therese Home, Inc.</td>
<td>sttheresemn.org</td>
</tr>
<tr>
<td>49</td>
<td>SHIFT</td>
<td>shiftonline.org</td>
</tr>
<tr>
<td>46</td>
<td>Silver Sobriety</td>
<td>silversobriety.org</td>
</tr>
<tr>
<td>9</td>
<td>St. Cloud State University - Gerontology</td>
<td>stcloudstate.edu</td>
</tr>
<tr>
<td>5</td>
<td>The College of St. Scholastica</td>
<td>css.edu</td>
</tr>
<tr>
<td>6</td>
<td>UMN College of Continuing &amp; Prof. Studies</td>
<td>ccaps.umn.edu</td>
</tr>
<tr>
<td>29</td>
<td>UMN Health Sciences Library</td>
<td>hsl.lib.umn.edu/biomed</td>
</tr>
<tr>
<td>1</td>
<td>UMN School of Nursing</td>
<td>nursing.umn.edu/</td>
</tr>
<tr>
<td>4</td>
<td>University of St. Thomas School of Social Work &amp; Selim Center for Lifelong Learning</td>
<td>stthomas.edu/selimcenter</td>
</tr>
</tbody>
</table>
The Senior LinkAge Line® is a free statewide service of the Minnesota Board on Aging in partnership with Minnesota’s Area Agencies on Aging.

1-800-333-2433
LINK TO A LOCAL AGING EXPERT

Brought to you by the

MINNESOTA BOARD ON AGING

Thank You To Our 2019 Sponsors

Gold Sponsor

Silver Sponsor

Silver Sponsor

Breakfast Sponsors

Luncheon Sponsors

Bronze Sponsors

mngero.org