

Consider a Minor in Gerontology!

WHY GERONTOLOGY? Gerontology is the *study of aging*. The Gerontology Minor is designed for those who want to work with an aging population or supplement their major. Knowledge about aging is an essential component to every major in the School of Health and Human Services—as well as almost any major from business and technology to arts and humanities!

Aging EveryBody is Doing it! Try a class this semester!



Gerontology Minor: Plan A

24 Credits

Core Requirements (15 Credits)

GERO 208	Introduction to Gerontology**	3 cr
GERO 411	Aging Policy and Programs	3 cr
GERO 425	Dementia and Aging	3 cr
GERO 465	Health and Aging	3 cr
GERO 444	Internship	3-12 cr

Core Electives (9 Credits Minimum)

GERO 405	Aging and Diversity**	3 cr
GERO 415	Women and Aging**	3 cr
GERO 430	Elder Law	3 cr
GERO 435	Aging and Housing Options	3 cr
GERO 440	*Seminar (Topics)	3 cr
GERO 470	Global Aging***	3 cr
PSY 345	Death and Dying	3 cr
PSY 443	Psychology of Adult Development and Aging	3 cr
SOC 350	Sociology of Age and Aging	3 cr

*May be repeated with different topics

** Meets Liberal Ed/Diversity requirements Goal Area 5

*** Meets Liberal Ed/Diversity requirements Goal Area 8

Other suitable electives may be used with approval of the Undergraduate Advisor.



Gerontology Minor: Plan B

24-25 Credits

Core Requirements (14 Credits)

GERO 208	Introduction to Gerontology**	3 cr
GERO 411	Aging Policy and Programs	3 cr
GERO 425	Dementia and Aging	3 cr
GERO 465	Health and Aging	3 cr
NURS 306	Nursing Care of Older Adults	2 cr
NURS 307	Nursing Care of Older Adults Clinical	2 cr

Core Electives (11 Credits)

GERO 405	Aging and Diversity**	3 cr
GERO 415	Women and Aging**	3 cr
GERO 430	Elder Law	3 cr
GERO 435	Aging and Housing Options	3 cr
GERO 440	*Seminar (Topics)	3 cr
GERO 470	Global Aging***	3 cr

*May be repeated with different topics

** Meets Liberal Ed/Diversity requirements

*** Meets Liberal Ed/Diversity requirements Goal Area 8

Other suitable electives may be used with approval of the Undergraduate Advisor.

The Gerontology Program offers *personalized attention* and *applied opportunities* to provide students with an integrated perspective on aging. Classroom instruction, service-learning, professional internships, and experiential activities are used to combine current theory with practice in aging.

For more information, contact:

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www.stcloudstate.edu/gerontology



Gerontology Courses offered at SCSU



Service-learning, Site Visits, "Hands On" Experience and More!

<p>GERO 208 Introduction to Gerontology</p>	<p>This course introduces the interdisciplinary study of human and aging and provides a view of the world's rapidly aging population. The processes of aging affect each of us on a number of different levels and in a variety of ways, including biologically, psychologically and socially.</p> <p>**Meets Liberal Education Goal Area 5 & Diversity Requirements**</p>
<p>GERO 405/505 Aging & Diversity</p>	<p>Explores the intersection of factors such as gender, race, ethnicity, culture, class, sexual orientation, geographic location, and physical ability (and more) with aging. All of these "factors" are components of who we are, who we will be, and the experiences we will have as aging adults.</p> <p>**Meets Liberal Education Goal Area 5 & Diversity Requirements**</p>
<p>GERO 411/511 Aging Policies & Programs</p>	<p>Examines the range and variety of services and programs for the older population, especially those supported and/or funded under the policy, administrative, fiscal, or legislative control of federal, state, and local governments.</p>
<p>GERO 415/515 Women & Aging</p>	<p>Explores the social and personal dynamics of aging as experienced by women in United States Culture and globally. The course draws on a variety of sources including fiction, popular media, personal narratives and both qualitative and quantitative research. Areas addressed include issues of health, work/retirement, sexuality, kinship, media representation and identity.</p> <p>**Meets Liberal Education Goal Area 5 & Diversity Requirements**</p>
<p>GERO 425/525 Aging & Dementia</p>	<p>Examines dementia in older persons from three inter-related perspectives, including the nature, causes and symptoms of dementia in later life; the impact dementia in later life has on the family; and the individual experience of dementia. Strategies of coping with a dementing illness in later life are addressed.</p>
<p>GERO 430/530 Elder Law</p>	<p>Provides an introduction and overview of the issues facing Elder Law attorneys and their clients. Elder rights, public policy and the role of society will be examined.</p>
<p>GERO 435/535 Aging & Housing Options</p>	<p>Examines issues of housing in later life in regard to the housing needs of older persons and the variety of housing options available to them. Attention is placed on issues of aging in place, physical design, and innovative housing options, as well as on working with older persons in a variety of housing settings.</p>
<p>GERO 440/540 Special Topic-Seminar</p>	<p>Seminar offering a variety of timely topics (e.g., Mental Health & Wellness, Spirituality & Aging, Ethics, Pop Culture & Aging). Course number may be repeated with a different topic.</p>
<p>GERO 444/644 Gerontology Internship & Professional Seminar</p>	<p>Students complete an internship experience at a community site. The concurrent seminar helps students reflect on the "real world" internship experience and its relationship to prior gerontology course work, professionalism, and ethics.</p>
<p>GERO 465/565 Health & Aging</p>	<p>Examines the physiological and cognitive processes of human aging, with a consideration of environmental, societal, and lifestyle factors which promote healthy aging. Topics include theories of aging; diet & nutrition; exercise; physical & cognitive processes of aging; health enhancement; & sexuality later in life.</p>
<p>GERO 470/570 Global Aging</p>	<p>Explores aging as a global phenomenon (e.g. demographic trends, historical influences and the lived experience). The intersection of factors such as gender, ethnicity, geography, and class are examined.</p> <p>**Meets Liberal Education Goal Area 8 & Diversity Requirements**</p>
<p>GERO 620 Advanced Policy Issues in Gerontology</p>	<p>Provides students with an opportunity to obtain an analytical perspective on historical and emergent trends in the United States and globally with regard to policy related to older adults, aging, and community.</p>
<p>GERO 630 Aging & Community: Current issues in Social Gerontology, Culture & Diversity</p>	<p>Explores the diverse experience of human aging in the U.S. and globally, with a primary focus on the interpersonal and instrumental concerns related to aging within different communities.</p>
<p>GERO 650 Research Methods and Design in Gerontology</p>	<p>Focuses on the fundamentals of research methods and design (qualitative, quantitative and mixed) for gerontology. Students explore a variety of methods and discover which method/design worked best for their research interests.</p>

The Gerontology Program offers an Undergraduate Minor, Masters Degree and Graduate Certificate!

For more information visit our website at www.stcloudstate.edu/gerontology or contact us:

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