



MINNESOTA GERONTOLOGICAL SOCIETY



FREE WEBINAR
Sep 13, 2022
12:00 - 1:00 pm

Handouts:
mngero.org

Type your questions during the webinar

LGBTQ Aging: Exploring the 2022 Needs Assessment and Applying it to Your Work

Rajean Moone, Faculty Director, LTC Administration and Associate Education Director, Healthy Aging and Innovation (CHAI), University of Minnesota

Webinar Sponsors







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Minnesota's 2022 LGBTQ Aging Needs Assessment

Rajean P. Moone, PhD, LNHA, LALD
CCAPS Faculty Director for Long Term Care Administration
Associate Director for Education – Center for Healthy Aging & Innovation
October 13, 2022



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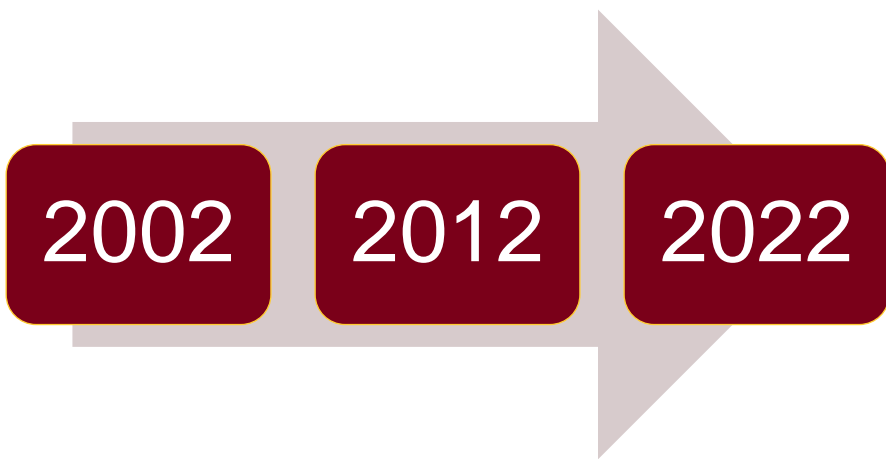
The University of Minnesota Twin Cities is located on traditional, ancestral, and contemporary lands of Indigenous people. The University resides on Dakota land ceded in the Treaties of 1837 and 1851.

Learn more about these lands at <https://editions.lib.umn.edu/openrivers/article/where-we-stand/> and why treaties matter at <http://treatiesmatter.org/exhibit/>


#HonorNativeLand





Snapshots in Time




Purposes

- 

Gather data directly from LGBTQ older adults about their experiences aging
- 

Raise the visibility of aging within the LGBTQ community
- 

Stimulate individual LGBTQ community members to think about and prepare for aging
- 

Inform policy makers and service providers as they prepare for the demographic shift

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2012 & 2022

2012	2022
Croghan, Moone & Olson	UMN & Rainbow Health Research Team
St. Catherine's University IRB	UMN IRB
45 questions	46 questions
n = 495	n = 354

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Rajean P.
Moone, PhD,
LNHA, LALD

Maren
Levad, MAT

Dylan Fluker,
MPP

Alyssa Axelrod,
BS

Jordan Carlson-
Premack, BSW,
LSW

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Heck, BS

Justin M. Penny,
DO, MA

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MPH

Beth Westphal,
BA

Laura Farlow,
BS

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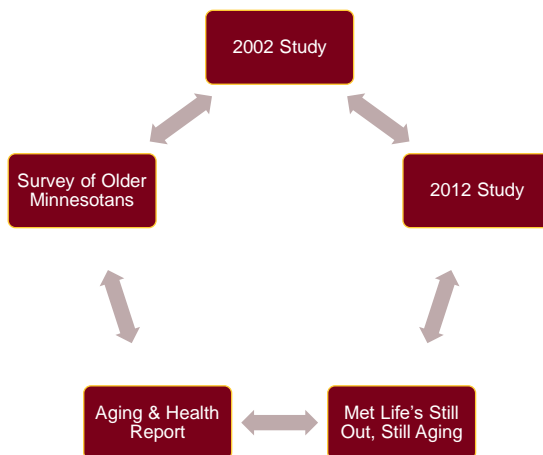
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Development



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46 question survey

23 demographic questions

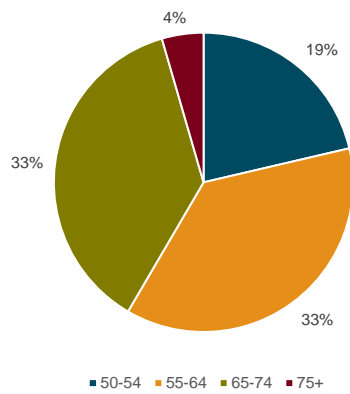
23 health and aging questions

2 open-ended questions

10



Age



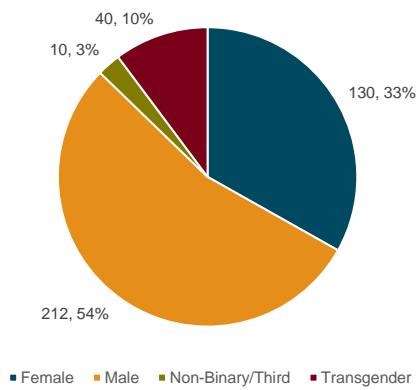
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Gender / Gender ID



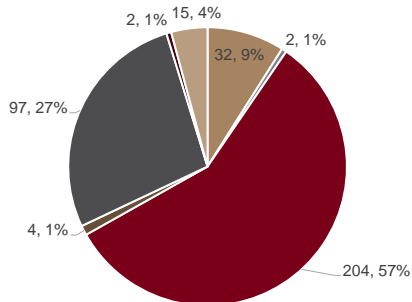
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Sexual Orientation



- Bisexual
- Decline to answer
- Gay man
- Heterosexual / Straight
- Lesbian
- Not sure
- Other (please specify)

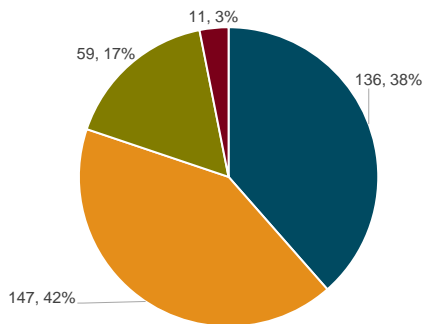
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Relationship Status



- Legally married
- Not partnered/single
- Partnered
- Widowed

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How would you rate your health?



2022	Frequency	Percent	2012	Frequency	Percent
Excellent	72	20	Excellent	159	33
Fair	71	21	Fair	261	55
Good	202	57	Good	11	53
Poor	7	2	Poor	6	1
Total	356	100	Total	437	100

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Health Coverage



96% reported having one or more types of health coverage	40% Medicare	23% Supplement
12% Medicaid	45% employer based	8% private policy
8% long-term care insurance	2% VA benefits	1% (4) no health insurance (all 51-56 years old)

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Retirement



44%
retired

47% (Survey
of Older
Minnesotans)



19

Income



34%

Under
\$40,000

46%

\$40,000-
\$99,000

17%

Over
\$100,000

2020 Census
median income
for 65+ =
\$57,630



20

20



More on income...

56%

- Covers more than basic living expenses

35%

- Covers basic living expenses

8%

- Does not cover basic living expenses

7.8% of metro 50+ do not have enough money to buy food at time (Survey of Older Minnesotans)





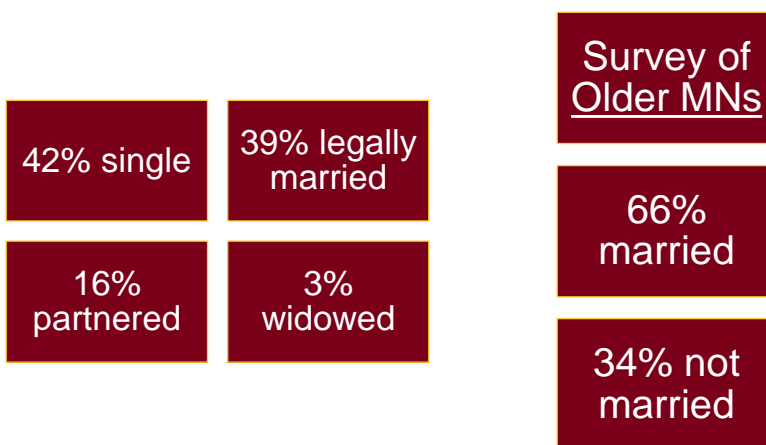
100% Out

Group	100% out
All	More than half
50-57 years	70%
58-65 years	71%
66-73%	68%
74-85	9%
Bisexuals	30%
Lesbians	71%
Gay men	74%
Transgender	68%

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Relationship Status



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Family



Are you currently caring for or giving assistance to someone because of their injury, disability, medical condition, or inability to care for themselves?

	Frequency	Percent
No	271	76.1
Yes	81	22.8

Do you have a chosen family? By chosen family, we mean a group of people to whom you are emotionally close and consider "family" even though you are not biologically or legally related.

	Frequency	Percent
No	101	28.4
Yes	249	69.9

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Have a Caregiver



72% reported having someone to care for them

Survey of Older MN

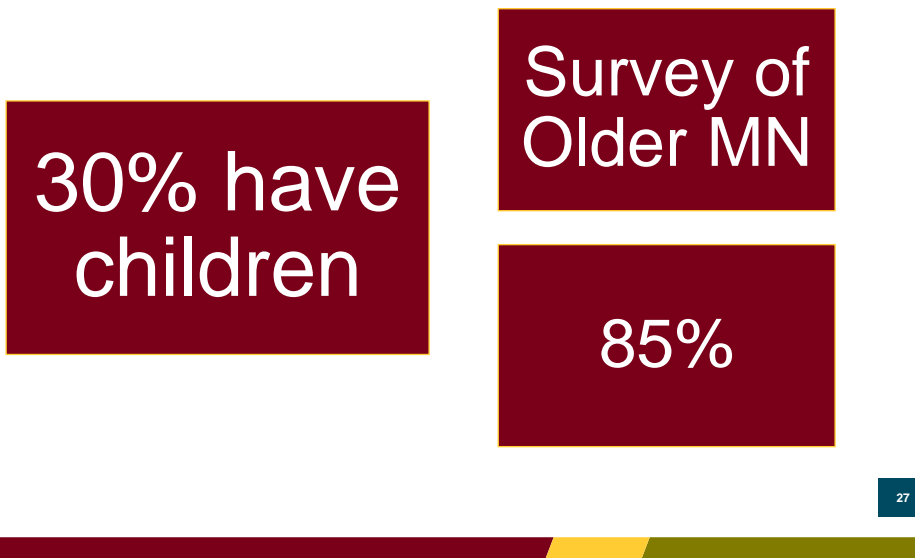
91%

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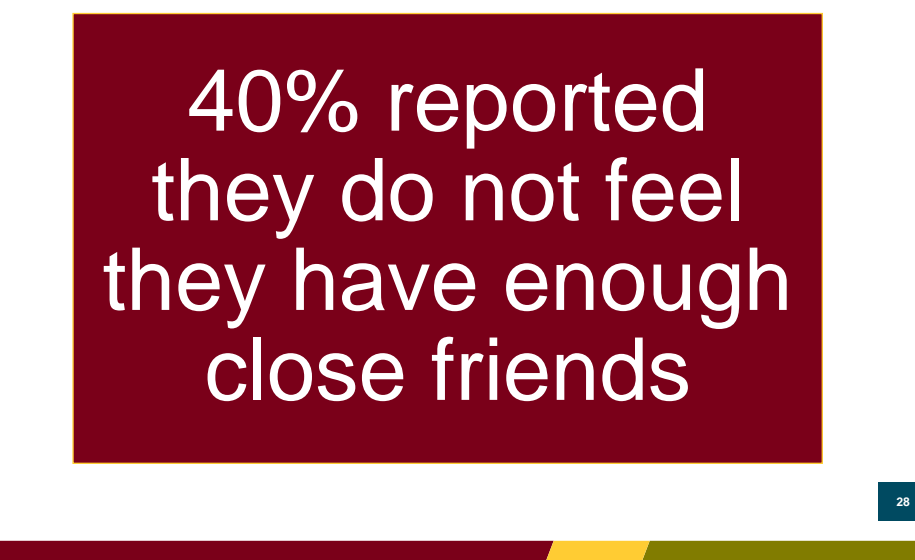


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Children



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Live Alone



42% of
gay men

37%
bisexuals

27%
lesbians

Survey of
Older MN

29% live
alone

29



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Volunteering



61%
reported
volunteering



36.8%
according to
Census

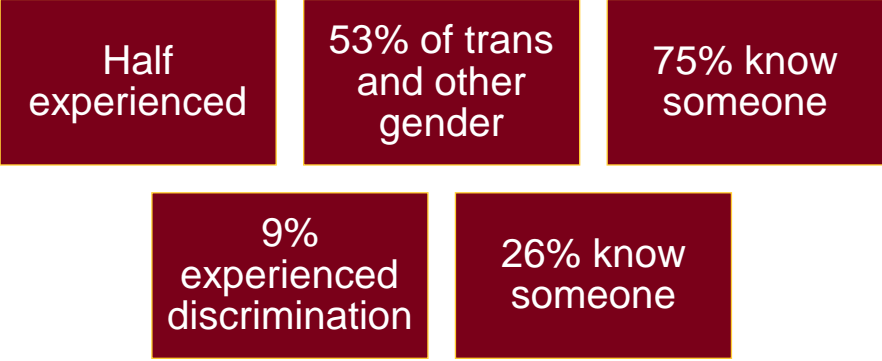


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Harassment, Abuse, Violence, or Discrimination



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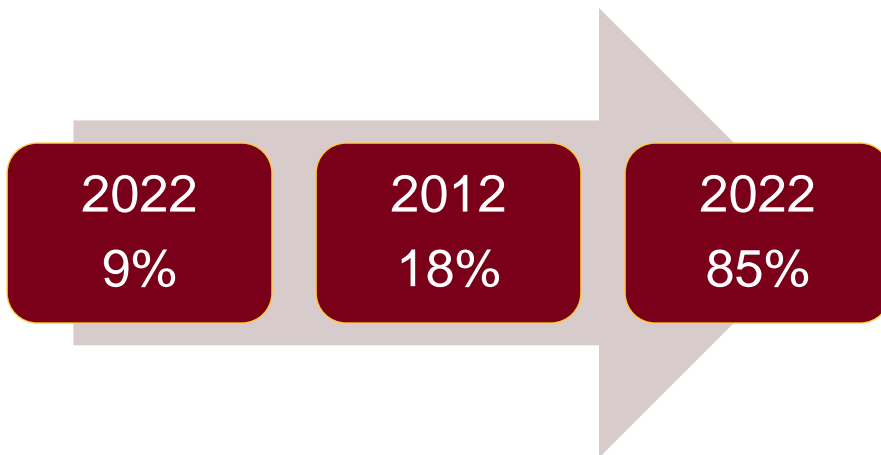
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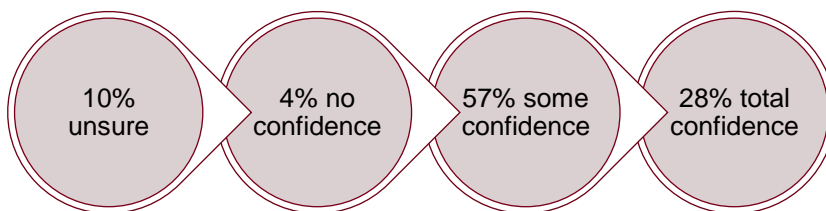
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Confidence in Service Providers



33

End-of-Life Care



34



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93% would be more inclined to use a provider where staff participated in LGBTQ sensitivity training

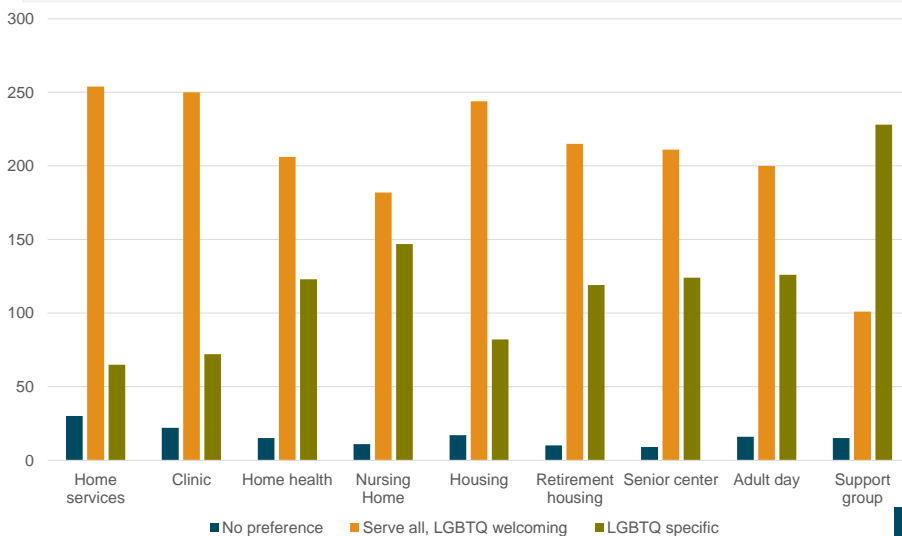
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Service Preferences



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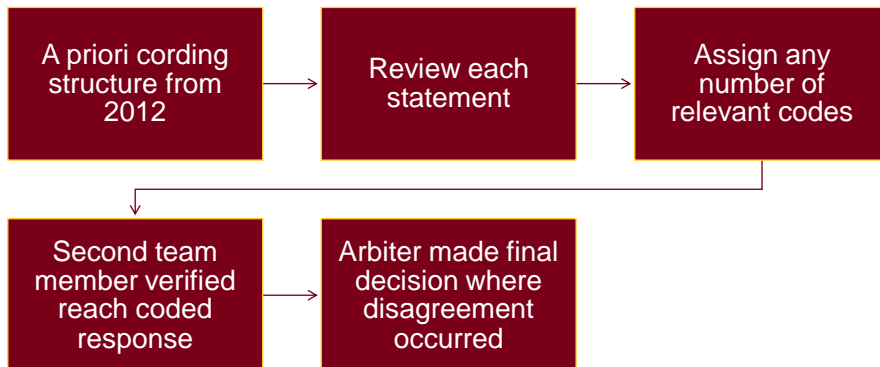


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n = 290



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Top 10 Signals of a Welcoming Provider

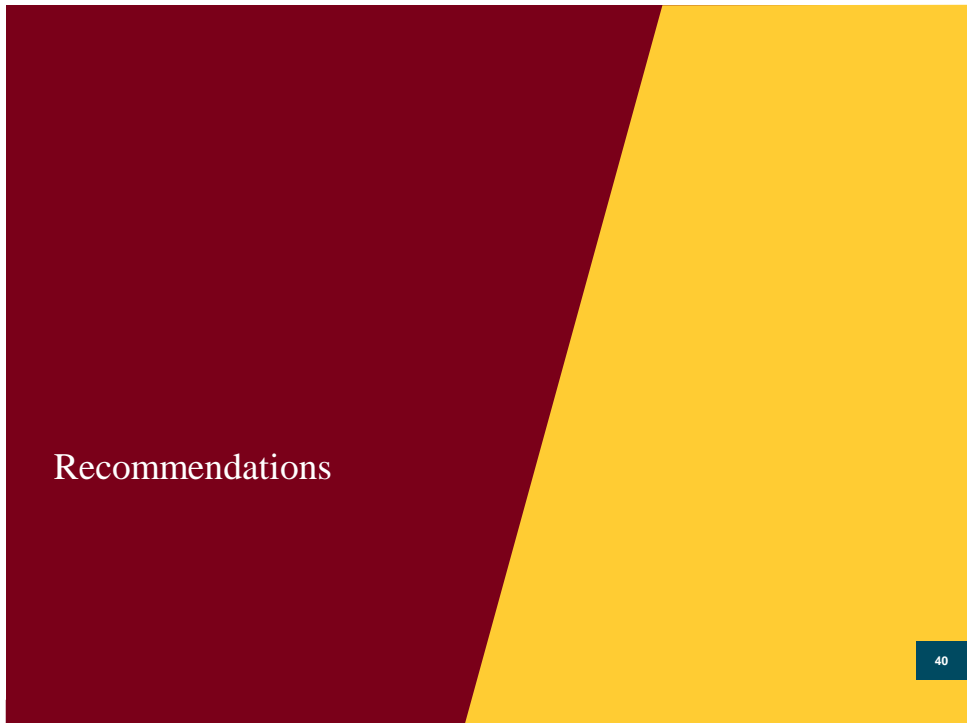


Treated respectfully	LGBT staff	General signage
Brochure or literature	Exhibit comfort level	Rainbow flag
Identify as "welcoming"	Acknowledgement or treatment of partner	Website

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Recommendations...

Aging providers should be trained in trauma-informed care, as well as have a basic understanding of LGBTQ community history

More programs and services should target solo LGBTQ older adults to reduce isolation, decrease the risk of depression, and manage health conditions

Providers should offer more options for LGBTQ caregivers to connect and reduce burnout

Providers and government must collect data regarding sexual orientation and gender identity to better identify both needs and appropriate resources to serve communities.

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PUBLIC HEALTH
UNIVERSITY OF MINNESOTA



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Questions or comments?
 Contact info@mngero.org

Next Webinar: Wednesday, Oct 12 , 12N

**Paying Minnesota's Long-Term Care Bill:
 A Study of Private- and Public-Pay Patterns**

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