



DEPARTMENT OF HUMAN SERVICES

Increasing Statewide Services for LGBTQ Older Adults through Eldercare Development Partnerships

Mike Saindon | Eldercare Development Coordinator | Minnesota Department of Human Services (DHS)
Maren Levad | Rainbow Health

1

Learning Objectives

- Understand how Eldercare Development Partnership (EDP) grantees partner with providers, to meet the needs of older Minnesotans.
- Through the EDP grant recognize the key partners that create a robust long-term services and support system (LTSS) in Minnesota
- Evaluate the different approaches used by Rainbow Health to build long-term services and supports in throughout the state.

2

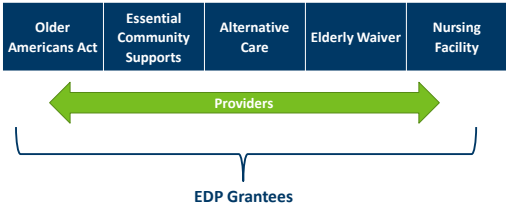
Eldercare Development Partnership Grant - About

The EDP is involved with helping communities help themselves.

- DHS-funded programs aimed to improve processes and increase sustainable capacity of home and community based service (HCBS) options for older adults, their caregivers, and families
- The primary focus of the EDP are to *expand and strengthen* current local capacity.
- Collaborate with county social service and public health agencies, area agency on aging, local non-profit and for profit HCBS providers, other stakeholders in the long term care system

3

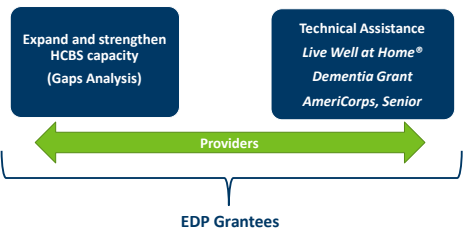
Eldercare Development Partnership in the LTSS Landscape



3/8/2023 Minnesota Board on Aging | www.managing.net 4

4

Eldercare Development Partnership – Regional Experts



3/8/2023 Minnesota Board on Aging | www.managing.net 5

5

Expand and Strengthen HCBS Capacity

- EDP work is informed by Gaps Analysis study
 - Services include, but are not limited to, caregiver supports, respite, adult day, indoor and seasonal chore, homemaker, transportation, home modification, nutrition, supports for people with vision and regional service gaps
- Provider technical support
 - Increase understanding to use a variety of funding streams
 - Licensing
 - Provider enrollment
 - Training

6

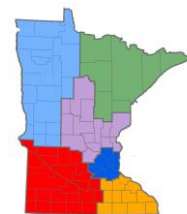
Eldercare Development Partnership Grant

- Provide technical assistance to over 100 organizations that develop grant proposals
- Partner with hundreds of organizations to build an HCBS system for older adults, caregivers and families
 - Direct providers
 - Indirect organizations
- Implement innovative service delivery models
- Professional training opportunities
- Required bi-yearly reports that demonstrate outcomes – with quantitative and qualitative data

7

Eldercare Development Partnership Grant - Grantees

- Arrowhead Regional Development Commission
- Central Minnesota Council on Aging
- Minnesota River
- Northwest Regional Development Commission
- Rainbow Health (Statewide)
- Southeastern Minnesota
- Trellis



8

Eldercare Development Partnership - Highlights

Arrowhead

- Staff participated in roundtable discussion with DEED Commissioner about older workers and unpaid workforce
- Cohosted inaugural discover healthcare event at St. Scholastica – hands on aging simulations and discussion about careers in geriatrics
- Work with local employers to help identify volunteer drivers
- Assemble partners from Access North, Habitat for Humanity, and Lighthouse Center for Vital Living to secure exhibit space for the Arrowhead Home and Builders Show to highlight home modifications, universal design, assistive technology, and grantee partners offering HCBS

9

Eldercare Development Partnership - Highlights

Central Minnesota Council on Aging

- Increase awareness about the health consequences of social isolation and loneliness.
- Serve on Tri-CAP's Transportation Advisory for Morrison, Benton, Stearns, Sherburne, and Mille Lacs counties
- Cass Faith in Action listening session in Hackensack - discuss needs and gaps, transportation and housing security continue to be major concerns
- Met with Cairo and CMCEO two agencies in St. Cloud area who work with BIPOC and East African refugees

10

Eldercare Development Partnership - Highlights

Minnesota River

- Assembled key stakeholders in Bethesda and Kandiyohi County Health and Human Services to develop needed homemaker and chore services.
- Met with Executive Director of Horn of Africa Aid and Rehabilitation (HAARAN) to learn about the need for culturally appropriate service providers to serve the East African community in Blue Earth and Nicollet counties.
- Participated in the Montevideo Medical Collaborative meeting to increase Certified Nursing Assistants (CNA) in the Montevideo area.

11

Eldercare Development Partnership - Highlights

Northwest Regional Development Commission

- Technical assistance to MAHUBE-OTIWA CAP to apply for and contract with Title IIIB funding for 2023 to expand their Chore, Homemaker, and Home Modification services beyond those receiving Waiver Services.
- Caregiver Support and services development with the Adult Day in Alexandria, Knute Nelson, and Traverse Co. – Looking into potential grant funding.
- Facilitated annual provider Training Day with topics included: ACEs (Adverse Childhood Experiences) as we age, Health Literacy 101, Title III updates, and Table Topics to discuss service resources and gaps.
- Annual regional grantee Trainings offered in January 2023 topics included: an overview of DSAAA, LWAH Rapid Screen, MinnesotaHelp.info, Senior LinkAge Line, and networking with other state grant recipients.

12

Eldercare Development Partnership - Highlights

Southeast

- Work with Senior Resources of Freeborn County (SRFC) to increase chore services in Albert Lea as well as stakeholder from Fillmore and Mower counties
- Participation in monthly Caregiver Coalition meetings with statewide partners. LSS, DHS, other AAA staff, and local caregiver providers around the state.
- Participate in quarterly meetings with Mayo Clinic Trauma Center staff and multiple community partners to develop new protocols and resources for Mayo ER physician and staff when they see seniors who come to the ER due to a fall.
- Participate in the SE MN Transportation Coordination Steering Committee meetings to ensure the transportation needs of older adults are included in a future regional plan.


13

Eldercare Development Partnership - Highlights

Trellis

- Build relationships with community organizations in north Minneapolis to help build capacity and share information about Title III, LWAH and HCBS programs. Help providers expand into North Minneapolis
- Facilitate mental health services and older adult services roundtable
 - Identified suicide prevention and support for survivors as a priority, with a particular focus on supporting veterans
- Support and help to establish local transportation workgroups that identify and build community-specific transportation options to address their specific gaps

14



Increasing Eldercare Options for LGBTQ Minnesotans

Maren Levad, she/her
Aging Advocate

RAINBOW HEALTH
Formerly known as SunLife Health

15

Rainbow Health


We work for equitable health care access and outcomes for people who experience injustice at the intersection of health status and identity. We center individuals and communities at risk of and living with HIV or facing barriers to equitable health care access and outcomes because of their identity as gender, sexual, and/or racial minorities.



16

Category 2: EDP Objectives


- 1 Develop and Support HCBS statewide through education, training, and grant support
- 2 Create an online resource directory of aging providers for LGBTQ older adults
- 3 Support network building and awareness of aging providers through local Pride and LGBTQ programs



17

Objective 1: Training and Education

- 1 LGBTQ Living History
- 2 Current studies and data
- 3 Steps in the Workplace to Become More Welcoming & Inclusive



18


Personas to Increase Understanding

Jim, widow, gay cis-gendered man, 1942

- 1, military bans gays and lesbians
- 27, Stonewall
- 33, allowed to work for Fed Gov't, first MN filing for gay marriage
- 38, Harvey Milk assassinated
- 44, Regan denies AIDS SS, sodomy laws upheld at Supreme Court
- 54, Defense against Marriage Act
- 71, MN Marriage Amendment

Maggie, solo, straight transwoman, 1936

- 16, Christine Jorgensen receives first reassignment surgery in Europe
- 33, Stonewall
- 57, MN anti-trans discrimination law passed
- 58, AMA removes designation
- 63, Texas case rules against transwoman as widow



19

Why LGBTQ Inclusion Matters Today

Since January 2022 more than 300 anti-LGBTQ bills introduced in state legislatures

- Drags bans proposed in 13+ states
- ID limitations - laws that seek to limit changes in legal documentation, directly impact trans people of all ages
- Transgender girls in school sports
- "Bathroom bills" in schools
- Banning medically appropriate care for transgender teens
- Book bans in school libraries
- "Don't say Gay"




20



LGBTQ Aging Welcoming Assessment

The following questionnaire was developed using signals of a welcoming provider identified by LGBTQ elders in the 2022 LGBTQ Aging Needs Assessment.


1. Does your organization hire openly LGBTQ staff, utilize openly LGBTQ customers, and/or ensure openly LGBTQ representation on boards and/or advisory councils?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
2. Does your organization have general signage that includes images of same sex couples, transgender/lesbian binary individuals, or other visual representations of LGBTQ people?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
3. Do your organization's literature and website explicitly state you serve LGBTQ older adults and/or caregivers?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
4. Does your organization post a rainbow flag or other LGBTQ related symbols on your website, brochures, and/or literature?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
5. Does your organization openly identify as "welcoming" to LGBTQ older adults and/or caregivers?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
6. Has your organization received LGBTQ aging sensitivity training recently?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
7. Do your organization's intake forms include diverse options for gender, gender identity, sexual orientation, relationship, and partners?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
8. Does your organization's forms, marketing materials, and assessment questions regarding family include options such as chosen family or other diverse family definitions?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
9. Does your organization market specifically to LGBTQ older adults and/or caregivers?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know
10. Does your organization participate and/or collaborate LGBTQ events typically in June, LGBTQ history month (October), or similar LGBTQ focused events?	<input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know



21

Training and Education


- March 22, SEMNAA, Virtual**
- April 18, Dancing Sky & Central MN, Virtual**
- May 11, Redwood Falls, MN River**
- May 15, Sartell Community Center, Central MN**



22

Objective 2: Resource Directory

- 1** Building the online directory
- 2** Creating community specific tags (trans, BIPOC, HIV)
- 3** Empowering vs. Vetting



23

Confidence in Receiving Sensitive Care

Do you feel that senior service providers would be sensitive to you if your sexual orientation and / or gender identity were known?


2021	85%
2012	18%
2002	9%




24

History Matters: Trauma Informed Care

- 50% of respondents report having personally experienced harassment or abuse due to their sexual orientation
- 53% of transgender respondents have personally experienced harassment or abuse due to their gender identity
- 75% know of someone who has experienced this due to either their sexual orientation or gender identity




25



Marketing and Outreach often come too soon.

Client Empowerment is Key.



26

Objective 2: Partnership Programming and Support

- Monthly Aging Provider Workgroup
- Let's Do Lunch
- Pride Activities
- Tea Dances
- Caregiver Support Groups



27

Partnership Programming

- Monthly Aging Provider Workgroup
- Let's Do Lunch
- Pride Activities
- Tea Dances
- Caregiver Support Groups



28



Questions

Mike Saindon | Michael.Saindon@state.mn.us
 Maren Levad | Maren.Levad@rainbowhealth.org

29