

Minnesota Gerontological Society
47th Annual Conference


**Multigenerational Family Households:
Are we Better Together?**



March 20-21st 2023

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Why this topic?

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Common Types (Cohn & Passel, 2018)



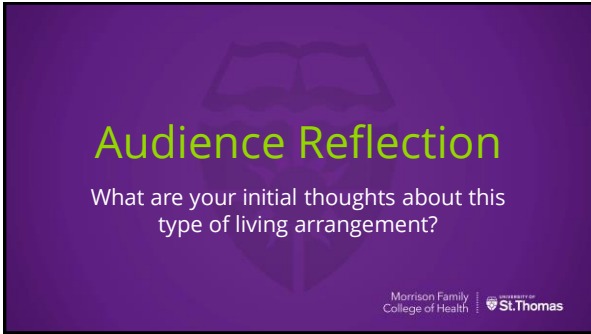
Two adult generations

Three generation family household

Skipped generation

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Audience Reflection

What are your initial thoughts about this type of living arrangement?

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HISTORICAL CONTEXT

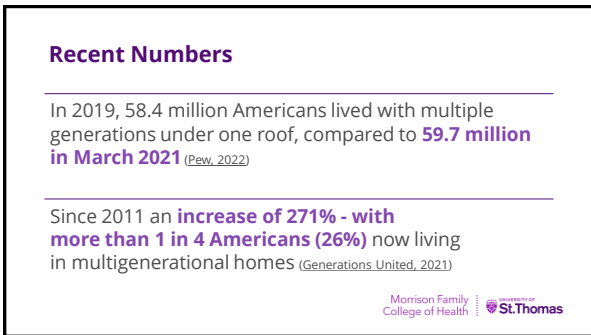
19th Century 21st Century

19th Century 20th Century 21st Century

20th Century

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Recent Numbers

In 2019, 58.4 million Americans lived with multiple generations under one roof, compared to **59.7 million in March 2021** (Pew, 2022)

Since 2011 an **increase of 271% - with more than 1 in 4 Americans (26%)** now living in multigenerational homes (Generations United, 2021)

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Who? The Demographics

Pew Research- Analysis of U.S. Census Data (Pew, 2022)

Growth is occurring across all races, but Asian, Black and Hispanic Americans opted for these arrangements more often than Whites.

White Americans account for the greatest percentage of growth in multigenerational households.

More foreign-born Americans than U.S. born Americans live in a multigenerational households.

Men and women are equally as likely to live in multigenerational households but at different times.

Americans residing in Western states are most likely to adopt this arrangement compared to those in the Midwest, South, and Northeast.

Those living in metropolitan areas are slightly more likely than those in rural areas to live in multigenerational homes.

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Why?



Finances



Caregiving

Social Connection

Emotional Support







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Rand, T. (2020). Family Life in a Multigenerational Home: Exploring the Grandparent-Parent Relationship Experience (Doctoral dissertation, Saint Mary's University of Minnesota). <https://lib.umn.edu/>

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Benefits

Close Connections

Companionship

Caregiving opportunities

Resource Pooling

Emotional Advantages

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Challenges

Space/Privacy

Financial

Family Caregiving


Social-Emotional

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Focusing on strengths



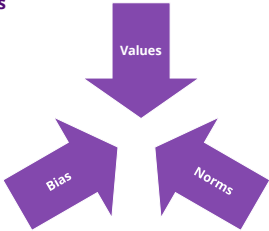
- Despite challenges taking a strength's perspective
- Whole or bigger picture view
- Cost/benefit analysis

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Societal Views



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Navigating Multigenerational Households

Focus on strengths

Understand how you show up

Balance personalities, temperaments, values, styles

Focus on strengths-what is being gained?

Negotiate space

Communication
Respect
Acceptance

Boundaries
Expectations

Challenge perceived norms (mindset)

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Supports

Micro

- Education (e.g., classes)
- Societal acceptance (e.g., changing the narrative)
- Support (e.g., counselors, coaches, groups)

Macro

- Focused mortgage support (e.g., specific to multigenerational families)
- Relator skillset (e.g., knowledge about resources, specialization area, training on options, dynamics)
- More affordable homes (e.g., subsidized benefits for co-living)
- Household benefits (e.g., qualifying for programs, memberships, benefits)

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Audience Reflection

What is standing out to you so far about multigenerational family living?

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Other Intergenerational Options

Intergenerational
Housing
Communities

Examples of
Intergenerational
Living

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Questions?

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Thank you!

For further questions or more information
please reach out to:

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